

Renowned Hand and Wrist Surgeon Anisa Yalom, MD, Offers Expert Care in San Diego County

Board Certified Surgeon with a Passion for Restoring Hand Function and Improving Patients' Lives



New York City, New York Jun 28, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dr. Anisa Yalom, MD, is a meticulous fellowship-trained hand and wrist surgeon dedicated to providing exceptional care to patients in San Diego County. With a focus on reconstructive surgeries to address a wide range of hand and wrist conditions, she combines her expertise, compassion, and multilingual skills to deliver personalized treatment plans tailored to each individual.

Dr. Yalom's private practice in San Marcos serves as a hub for patients seeking specialized care for nerve, tendon, ligament injuries, fractures, and conditions such as arthritis and birth defects affecting the hands, wrists, and forearms. Her commitment to patient convenience is evident in her hospital privileges at esteemed medical facilities including Scripps Encinitas, Scripps Memorial La Jolla, Scripps Mercy, Sharp Metro Memorial, Sharp Grossmont, and Palomar Hospitals, ensuring accessibility to

quality care across the region.

A trusted advocate for hand health and function, Dr. Yalom showcases her proficiency in diagnosing and treating various hand and wrist conditions such as Dupuytren's disease, carpal tunnel syndrome, and nerve damage. She also performs hand reconstructive surgery for hand and wrist fractures, ligament and tendon reconstruction, and nerve transfers.

A native of San Diego, Dr. Yalom's educational journey spans from Smith College in Massachusetts to Columbia University in New York City and culminates with a Medical Degree from the prestigious David Geffen School of Medicine at UCLA. Her accolades, including the Dean's Award for an Outstanding Thesis and the Excellence in Surgery Award, attest to her dedication to excellence in the field.

Having completed her internship and residency in general surgery at Harbor-UCLA, Dr. Yalom pursued specialized training with a fellowship in orthopedic and plastic hand surgery at the University of Pennsylvania. Under the mentorship of Dr. L. Scott Levin, a pioneer in microsurgical techniques, she honed her skills in hand reconstruction and composite tissue transfer, setting the stage for her stellar career in hand surgery.

Recognized for her compassionate approach and exceptional outcomes, Dr. Yalom has garnered accolades such as the Excellence in Teaching with Humanism Award in 2014 and the esteemed Young Leader recognition from the American Society for Surgery of the Hand in 2019.

Patients often note Dr. Yalom's warmth, kindness, and attention to detail as well as her ability to communicate in four languages: English, Spanish, French, and German. She takes the time to listen to all of her patients' concerns before strategizing a personalized plan of action to get the best possible outcome for their hand function and way of life. Her meticulous and careful surgical technique is reflected in the excellent outcomes that her patients enjoy.

When not immersed in the operating room or clinic, Dr. Yalom enjoys pursuing her passions for surfing, sculpting, open ocean swimming, and spending time outdoors with her husband and three small children. Her dedication to patient care, coupled with her diverse interests, reflects her holistic approach to healing and underscores her commitment to enhancing the lives of those she serves.

Learn More about Dr. Anisa Yalom:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/615108-Anisa-Yalom-Hand-Surgeon> or through her website, <https://www.anisayalommd.com/about>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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