

Reigniting Health: Alicia R. Carter, MD, FAAPMR, Journey in Regenerative Medicine and Orthopedics

Unveiling Excellence: Miami's Exclusive Spine and Sports Medicine Maven



New York City, New York Jun 13, 2024 ([IssueWire.com](https://www.issuewire.com)) - Renowned for her multifaceted expertise as a board-certified sports medicine physician, physiatrist, interventional spine doctor, and regenerative medicine specialist, Dr. Alicia R. Carter, is more than just a physician—she is a powerhouse. With a wealth of experience and a stellar reputation in the field, she brings her expertise to the Miami community and beyond.

Dr. Carter's impeccable safety record and nationwide teaching of injection techniques underscore her commitment to excellence. Her mastery spans diverse realms, from alleviating back and spine pain to tackling joint and muscle issues, as well as perfecting PRP and autologous stem cell therapy injection techniques.

A native of New York, Dr. Carter honed her skills and knowledge in the bustling metropolis before deciding to embark on a new chapter in her career in Miami. During her spine and sports medicine fellowship, she had the privilege of working with professional basketball teams, including the New York Knicks and the New York Liberty.

With over two decades of experience, including prestigious roles such as serving as an Assistant Clinical Professor at Columbia University College of Physicians and Surgeons, Dr. Carter has trained numerous medical students and residents in the art of non-operative musculoskeletal care and injection techniques.

Fitness and sports enthusiasts of all levels, from weekend warriors to professional athletes, have benefited under Dr. Carter's care. Over the years, her clientele has included professional, division I-III collegiate, and Olympic athletes; Rock & Roll Hall of Famers, American Ballet Theatre and New York City Ballet dancers; students of The Juilliard School and Joffrey Ballet School; performing artists from The Metropolitan Opera, New York Philharmonic and a variety of Broadway productions. Physicians and other healthcare professionals also seek Dr. Carter's care for their own needs.

Since establishing her practice, Regenerative Medicine and Orthopedics, in Miami in 2021, Dr. Carter has already made a positive impact on the local community, working with Miami City Ballet dancers and a variety of professional and collegiate athletes. Her holistic approach to care and passion for helping individuals reach their full potential has garnered praise from both patients and colleagues.

In addition to her clinical work, Dr. Carter is actively involved in various professional organizations, including the American Academy of Physical Medicine and Rehabilitation (Fellow - FAAPMR), the American Medical Society for Sports Medicine, the American College of Sports Medicine, the International Pain and Spinal Intervention Society, and the Florida Medical Association, showcasing her commitment to advancing the field of sports medicine and regenerative therapies.

When she is not in the office, Dr. Carter enjoys staying active with interests such as tennis, pickleball, golf, water sports, Latin dance, as well as traveling, reflecting her dedication to promoting a healthy and balanced lifestyle.

With her wealth of experience, passion for patient care, and commitment to excellence, Dr. Alicia R. Carter is set to become a valuable asset to the Miami community and beyond.

Learn More about Dr. Alicia R. Carter:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2052703-Alicia-Carter-Sports-Medicine-Specialist> or through her website, <https://miamispineandsportsdoctor.com/>

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