## Meet Cal Forster, DC, MSACN, PAK, Third Generation Founder and Associate at Forster Healthcare in New York

Upholding a Legacy of Chiropractic Excellence and a Commitment to Conservative Healthcare



New York City, New York Jun 6, 2024 (<u>Issuewire.com</u>) - Dr. Cal Forster carries on the esteemed Forster family tradition of holistic healthcare, following in the footsteps of his grandfather, the late Dr. Arnold Forster, one of the first founder practitioners of Applied Kinesiology, Clinical Kinesiology, and Iridology; and his father, Dr. James Forster, Second Generation founder and current CEO of Forster Healthcare.

As a third generation practitioner, Dr. Cal Forster is committed to taking this generational health success to countless lives and bringing it out to the greater masses. He practices at multiple Forster Healthcare locations in New York City and Brooklyn, providing both in-person office visits and telehealth appointments.

For generations, the Forster family has focused on nurturing the complete well-being of their patients, rooted in Eastern philosophy, whilst incorporating cutting-edge laboratory diagnostic testing, nutritional science, and Chiropractic techniques. This commitment to the truest sense of doctoring approach sees the crafting of personalized treatments that cater to each cherished patient's unique needs, aiming to 'Forster Your Health' in every way possible.

Scholastically, Dr. Cal Forster holds a Bachelor of Science Degree in Kinesiology Movement Science from Pennsylvania State University Development (2020), a Doctor of Chiropractic Degree from Northeast College of Health Sciences (2023), and a Master of Science Degree in Applied Clinical Nutrition from the same institution. With a Certification in Applied Kinesiology, he epitomizes the integrative first class approach that illuminates Forster Healthcare.

An esteemed member of the New York State Chiropractic Association as the President of Manhattan (District 1), Dr. Cal Forster was honored with the Practitioner of the Year Award in 2024 for his outstanding dedication, exemplary skills, innovative approaches, and unwavering commitment to excellence. Also actively engaged with the American Chiropractic Association, he attributes his success to his passion for healing, commitment to ongoing education, and desire to make a positive impact on the lives of others.

The Forster family's deep-rooted connection with Northeast College underscores their shared dedication to chiropractic history, present, and future. This dedication continues to be a guiding principle for Dr. Cal Forster, as he upholds the family legacy and looks towards a future where the values of art, science, and philosophical care remains at the heart of the Forster tradition, inspiring and nurturing the practitioners of tomorrow.

## Learn More about Dr. Cal Forster:

Through his findatopdoc profile, <a href="https://www.findatopdoc.com/doctor/85021239-Cal-Forster-Chiropractor">https://www.findatopdoc.com/doctor/85021239-Cal-Forster-Chiropractor</a> or through Forster Healthcare, <a href="https://www.forsterhealthcare.com/doctors">https://www.forsterhealthcare.com/doctors</a>

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## **Media Contact**

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Source: Cal Forster, DC, MSACN, PAK

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