

Healthy Gums, Healthy You: Alondra Dental Care in Norwalk, CA Raises Awareness About Periodontal Disease

Worried about gum disease? Alondra Dental Care shares insights on advanced gum disease treatment, including deep cleanings and laser therapy.

Norwalk, California Jun 26, 2024 ([Issuewire.com](https://www.issuewire.com)) - [Alondra Dental Care](#), a leading provider of dental services in Los Angeles and Orange County, is calling attention to the epidemic of advanced gum disease, called periodontal disease, as it continues setting the bar for superior periodontal care. With various services focused on periodontal disease solutions, they have earned a reputation for their commitment to patients' health, solidifying their status as a premier Norwalk dentist.

The Problem With Periodontal Disease

Periodontal disease is an infection that attacks the gums and tissues supporting the teeth, resulting in the loss of bone and teeth if untreated. A person's risk of periodontal disease rises with age, with more than 70% of individuals who are at least 65 years old have the condition.

According to Alondra Dental Care, people can avoid this condition by brushing their teeth twice daily and flossing at least once daily to minimize bacteria in their mouths. The team of experts at Alondra Dental Care also offers a wide array of services to treat the disease, from deep cleanings to laser treatment and [periodontal maintenance](#). Treatment may help reduce a patient's chances of developing related problems like cancer, diabetes, cardiovascular disease, and respiratory infections.

Deep Cleaning/ Periodontal Maintenance

Alondra Dental Care offers regular [periodontal cleanings](#) and examinations (maintenance) for those who display warning signs of the disease, including sensitive gums, loose teeth, and persistent bad breath. They schedule periodontal maintenance appointments every three or four months versus every six months for regular cleanings and pay special attention to patients' gums during these appointments.

During a maintenance visit, a dentist uses equipment to [remove tartar](#) (hardened food deposits) and plaque (sticky bacteria film) from between a patient's teeth and gums. This process is called root scaling. The dentist also performs root planing, which involves making a tooth's root smooth to keep bacteria from populating the area, promoting healing. A deep cleaning further consists of measuring the depth of each gum pocket and irrigating the gums with an antiseptic (microorganism-killing) rinse.

Laser Treatment

Alondra Dental Care's periodontal care goes beyond periodontal cleanings and exams to include laser treatment. This can be an exceptional solution for treating periodontal disease because it does not require any dental instruments. Staff at Alondra Dental Care instead use a high-energy laser to break down and remove plaque and tartar. The goal is also to safely remove infected tissue to treat a bleeding, swollen, and receding gum line and prevent bacteria from spreading throughout the mouth. Laser therapy is gentle on the gum tissues and offers a quick recovery. This makes it a popular alternative to traditional periodontal surgery, which involves the use of a scalpel and sutures.

Patient-Centered Focus

Alondra Dental Care's philosophy centers on their patient-first focus. They offer comprehensive dental care in one location, where their team is qualified to handle all aspects of patients' care. The dental practice also offers easy access to dental care and information by offering extended office hours on select days, sending appointment reminders, and guaranteeing a quick turnaround time on calls and appointment requests.

Patients who visit this Norwalk dentist can expect comfort during their appointment, as the dental office is dedicated to making the experience as enjoyable as possible. The team clearly communicates what to expect, offers sedation options, and encourages their patients to bring headphones and music to their appointments.

Five-Star Reviews

Alondra Dental Care's reputation is strengthened by [positive feedback](#) from patients, who have consistently praised the practice for offering a professional environment and demonstrating that they genuinely care about their patients' health. Testimonials have acknowledged the office as providing "the best dental experience in my lifetime" and "outstanding service." Positive testimonies reflect the office's dedication to enhancing the patient experience and delivering service excellence in Southern California.

About Alondra Dental Care

Alondra Dental Care is committed to serving their Southern California patients by offering top-notch dental care. Their broad array of preventative care services includes not only gum disease treatment but also dental exams and cleanings for both adults and children, dental sealants, and tooth extractions. The practice also provides restorative dentistry services ranging from dental fillings to implants, bridges, crowns, dentures, and non-surgical root canal therapy. Cosmetic dentistry services available at Alondra Dental Care include dental bonding, porcelain veneers, inlays and onlays, teeth whitening, and Invisalign treatment for straightening teeth.

The Norwalk dentist's office combines state-of-the-art equipment, a clean environment, and a friendly and caring atmosphere, making it a top destination for patients seeking cutting-edge and trustworthy treatments. The dental practice accepts any PPO (not Medi-Cal or HMO), making it an affordable choice for patients pursuing personalized service.

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