

## We are prepared to offer the best Kundalini Yoga Teacher Training in Rishikesh: Sri Yoga Ashram

200 Hour Kundalini teacher training course offers a holistic approach to student development, enhancing not only knowledge and skills but also qualities that are necessary to become a good yoga teacher.



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# 200 HOUR KUNDALINI YOGA

Teacher Training in Rishikesh, India

Near Post Office, Laxman Jhula, Rishikesh (Uttarakhand)-249302

**Rishikesh, Uttarakhand Jun 8, 2024** ([Issuewire.com](https://www.issuewire.com)) - Sri Yoga Ashram Rishikesh, India, 28 May 2024: the season of learning is finally here. Sri Yoga Ashram, a renowned center for yoga learning has proudly announced the commencement of its highly anticipated 200-hour Kundalini Yoga Teacher

Training batches in Rishikesh. As a leading institute in the world of yoga, Sri Yoga Ashram is all set to offer unparalleled training to young aspirants who are about to start their learning journey.

Learning Kundalini yoga is indeed a transformative journey that tests the patience, and courage of every participant. Designed by industry pioneers, this comprehensive program equips aspiring teachers with knowledge, skills, and confidence to guide the next generation on the path of Kundalini yoga. As mentioned by the spokesperson of Sri Yoga Ashram “we aim to deepen the understanding of Kundalini yoga while helping them ace topics including- Kundalini yoga philosophy, asana practice, mantra chanting, meditation, pranayama, and more.” He also mentioned that “We are dedicated to offering the [best 200-hour Kundalini Yoga Teacher Training in Rishikesh](#) in June and July ensuring that our graduates emerge as talented teachers.”

Led by a group of experienced and certified yoga instructors Sri Yoga Ashram is all set to start new batches of **kundalini yoga teacher training in Rishikesh** in June. This amazing learning opportunity will not only guide aspiring teachers but also help them explore the rich heritage of yoga while polishing their teaching skills under the guidance of experienced instructors.

As certified yoga instructors, we at Sri Yoga Ashram believe that becoming a good yoga teacher is not a one-day task instead it is an ongoing process of learning and self-discovery. Our **200-hour kundalini yoga teacher training in Rishikesh** lays the concrete foundation of lifelong learning, encouraging teachers to continue their journey of education while learning from different perspectives and practices.

Unlike other teaching schools, we take pride in offering the [best kundalini yoga teacher training in Rishikesh](#). Our course curriculum does not only revolve around yoga but also focuses on soft skills like; communication, teaching methodology, empathy, compassion, and ethical guidance, ensuring our aspiring trainees walk out as an inspiring yoga teacher who will lay the foundation for the next generation.

Overall, the Kundalini teacher training course offers a holistic approach to student development, enhancing not only knowledge and skills but also qualities that are necessary to become a good yoga teacher. Therefore, whether you are a seasoned practitioner or someone who wants to start your career with yoga, Sri Yoga Ashram welcomes you to enroll today and take the first step towards becoming a certified Kundalini yoga teacher.

## Media Contact

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Source : Sri Yoga Ashram Rishikesh

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