

Virginia Rockhill, Ph.D., Guides Clients on Their Path to Healing, Wholeness, and Empowerment

Providing Tele-Health Sessions in Rhode Island



New York City, New York May 24, 2024 ([IssueWire.com](https://www.IssueWire.com)) - With more than thirty years of experience in clinical psychology, Dr. Virginia Rockhill has established herself as a trusted and compassionate professional dedicated to guiding individuals towards healing, wholeness, and empowerment. Her diverse background includes working in private practice, long-term care facilities, as well as forensic and psychiatric hospitals, providing her with a comprehensive understanding of mental health issues

across various settings.

In her therapeutic practice, Dr. Rockhill prioritizes building strong relationships with her clients by understanding their unique needs and expectations. She believes that every individual deserves to find purpose and meaning in their lives, and her approach focuses on helping clients uncover their true selves.

By utilizing evidence-based techniques such as Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT), Dialectical Behavior Therapy (DBT), and cognitive therapy interventions, Dr. Rockhill empowers her clients to overcome challenges such as anxiety, depression, and loss of personal identity. Her commitment to ongoing professional development ensures that she stays at the forefront of advancements in the field, providing her clients with the most effective and up-to-date therapeutic interventions.

In response to the growing demand for online therapy services, Dr. Rockhill now offers secure video telehealth appointments to clients seeking support from the comfort of their own homes. This convenient and accessible format allows individuals to receive the same high-quality care and guidance from Dr. Rockhill, regardless of their location.

Beyond her clinical work, Dr. Rockhill is actively involved in philanthropic efforts, with a particular focus on supporting Partners in Charity, an organization dedicated to improving the lives of those in need. Her commitment to giving back to the community reflects her belief in the importance of compassion and support for all individuals.

Learn More about Dr. Virginia Rockhill:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1711688-Virginia-Rockhill-Psychologist> or through her website, <https://www.virginiarockhill.com/>

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Source : Virginia Rockhill, Ph.D.

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