

Megan A. Connell, PsyD, ABPP, A Psychologist Who Understands You and Your Unique Culture

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New York City, New York May 8, 2024 ([IssueWire.com](https://www.issuewire.com)) - A trusted psychologist, Dr. Connell is affiliated with Health Quest Innovative Therapeutics, working with clients in Charlotte, North Carolina, and through teletherapy for patients across the country.

With a background in clinical psychology and a focus on applied psychology, she is dedicated to meeting clients where they are and helping them achieve the changes they desire in their lives. Unlike traditional therapists, she understands and celebrates geek culture, recognizing it as a unique and valuable aspect of her clients' identities.

Graduating from Argosy University Hawaii in 2010, Dr. Connell went on to serve as a psychologist in the US Army for seven years, specializing in trauma and PTSD. Since transitioning to private practice in 2016, she has focused on helping individuals facing challenges such as anxiety, panic, depression, trauma, and women on the autism spectrum.

Embracing her own geek identity, she is a passionate gamer and enthusiast of various fandoms. She has helped to pioneer the integration of geek culture into therapy through works such as her book *Tabletop Role-Playing Therapy the Guide for the Clinician Game Master* from Norton Publishing. She runs groups that utilize tabletop games as part of therapy and trains other professionals on how to bring tabletop gaming into their own practices.

One of the key strengths of Dr. Connell's approach is her genuine appreciation for the diverse aspects of geek culture. She recognizes the importance of online friendships, the creativity of fan fiction, and the empowerment found in cosplay. With her, clients can rest assured that their geek interests will be respected and valued in therapy, creating a space where they can explore their identities freely.

In a world where being heard and understood is essential, Dr. Connell stands out as a psychologist who not only helps her clients but truly connects with them. Her commitment to inclusivity, empathy, and cultural understanding sets her apart as a beacon of support for individuals seeking a therapist who embraces their unique identities and passions.

Learn More about Dr. Megan A. Connell:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/104474-Megan-Connell-Psychologist>, through Health Quest, <https://www.hqpsych.com/megan-connell> or through her website, <https://www.meganpsyd.com/about-me-therapy>

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