

Meet Barry McLean, MD, PhD: A Renowned Physician with a Personal Touch

Board Certified Internist Bringing Exceptional Care to Homewood, Alabama



New York City, New York May 23, 2024 ([IssueWire.com](https://www.IssueWire.com)) - Dr. Barry McLean, a distinguished physician with both an MD and a PhD, stands out not only for his exceptional qualifications but also for his personalized approach to healthcare. As the Medical Director of Lifestyle Management of Birmingham and the owner of Central Alabama Research, he brings over 40 years of expertise, particularly in the fields of blood pressure and diabetes.

Dr. McLean's holistic approach to patient care sets him apart. He takes the time to understand each individual, not just their medical concerns. His genuine interest in his patients goes beyond treating symptoms; he builds relationships based on trust and compassion.

A graduate of the University of Kentucky, Dr. McLean has held various prestigious positions in his career, including Chief Resident and Instructor in Medicine at the University of Alabama Medical Center. Additionally, his research background includes roles as a Research Associate at Emory University and the University of Kentucky Medical Center, where he was honored with a Pre-Doctoral Fellowship by the National Science Foundation.

Board certified in internal medicine and a Diplomate of the American Board of Internal Medicine, Dr. McLean is an esteemed member of multiple professional organizations, including the American College of Physicians, the Jefferson County Medical Society, the Birmingham Society of Internists, the American Society of Internal Medicine, the American Society of Hypertension, the Internal Society of Hypertension in Blacks, the Coronary Biology Working Group, the National Bureau for Information on Coronary Heart Disease Risk, the Vascular Biology Working Group, and the National Diabetes Education Initiative.

With a wealth of experience in clinical research, Dr. McLean has served as a principal investigator and sub-investigator in over 200 studies, covering a wide range of medical conditions, including diabetes, hypertension, hyperlipidemia, seasonal allergies, urinary tract infections, kidney stones, COPD, diabetic peripheral neuropathy, insulin pumps, clamp studies, chronic pain, and more. He was also one of the first 100 hypertension specialists in the United States.

Dr. McLean's dedication to his patients has not gone unnoticed, as he has been consistently recognized as The Best Doctors in America for over two decades. His commitment to excellence is deeply rooted in the invaluable teachings he received throughout his career.

For those seeking a physician who combines unparalleled expertise with a personal touch, Dr. Barry McLean is the epitome of excellence in healthcare.

Learn More about Dr. Barry McLean:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3225226-Barry-McLean-Internist>, through Lifestyle Management of Birmingham, <https://www.lifestylemngt.com/> or through Central Alabama Research, <https://www.centralalabamaresearch.com/our-team>

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Source : Barry McLean, MD, PhD

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