

Drew Pennington, PT, MPT, OCS, SCS, Leads the Way in Physical Therapy Excellence in Washington

Aspiring to Rehabilitate the Healthcare Experience, One Individual at a Time



New York City, New York May 21, 2024 ([Issuewire.com](https://www.issuewire.com)) - Renowned physical therapist and esteemed Board Certified Sports Clinical Specialist and Board Certified Orthopedic Clinical Specialist, Dr. Drew Pennington has been making waves in the field of physical therapy with his exceptional skills and dedication to improving the lives of his patients. As the President and Owner of Pacific Northwest Sports Institute, powered by Outpatient Physical Therapy, he has established a reputation for providing

top-notch care and innovative treatment solutions.

With a focus on not just treating injuries, but also analyzing movement patterns, correcting imbalances, and preventing future injuries, Dr. Pennington stands out as a leader in the industry. His expertise extends to evaluating dysfunction and devising personalized plans to help individuals move better, feel better, and recover quicker from injuries and surgeries.

At Pacific Northwest Sports Institute, Dr. Pennington leads a team of highly skilled professionals, including physical therapists, sports performance specialists, massage therapists, and strength and conditioning coaches. Through a collaborative and research-based approach, the institute aims to provide comprehensive care that mirrors the strategies employed with elite athletes, ensuring optimal outcomes for all patients.

Dr. Pennington's academic achievements are equally impressive, having earned his Bachelor of Science Degree in Kinesiology from the University of Colorado at Boulder in 1994 and his Master's Degree in Physical Therapy from the University of St. Augustine for Health Sciences in 2001.

Imparting his knowledge to aspiring physical therapists, Dr. Pennington serves as an Adjunct Associate Professor at the University of Puget Sound, teaching exercise prescription and supervision groups of second year DPT students.

As an active member of the American Physical Therapy Association, Dr. Pennington remains committed to advancing the profession and promoting the importance of physical therapy in enhancing the overall health and well-being of individuals. Through his leadership and expertise, he continues to inspire and empower both his patients and colleagues alike.

For those seeking unparalleled physical therapy care and expertise, Dr. Drew Pennington and the team at Pacific Northwest Sports Institute are dedicated to providing exceptional services that prioritize movement, recovery, and overall health.

Learn More about Dr. Drew Pennington:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/85021277-Drew-Pennington-Physical-Therapist> or through Pacific Northwest Sports Institute, <https://pnwsi.com/>

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