

Dr. Jewel D. Montgomery Smay: A Leader in Anesthesiology Balancing Work, Education, and Family

A Shining Example of Excellence in Healthcare



New York City, New York May 14, 2024 ([IssueWire.com](https://www.issuewire.com)) - Dr. Smay, a dedicated anesthesiologist, has recently left her role as Regional Medical Director for NorthStar Anesthesia, overseeing operations in Oklahoma, Kansas, and Missouri, to work exclusively in pediatric anesthesiology at Yale Children's Hospital in New Haven, CT, and OU Children's hospital in Oklahoma City, OK.

With an impressive educational background, she holds a medical degree from the University of Illinois College of Medicine. She completed her residency in anesthesiology and fellowship in pediatric anesthesiology at UIC Medical Center, laying a strong foundation for her successful career in healthcare.

Recently, through her Weekend Executive MBA program at Duke Fuqua School of Business, Dr. Smay has honed her leadership strengths and embraced her weaknesses, emerging as a confident and humble leader.

Beyond her professional pursuits, Dr. Smay is a devoted family woman, with a supportive husband and two young daughters. Facing the challenge of balancing work, education, and family responsibilities, she prioritizes quality time with her loved ones and self-care practices like power naps and meditation breaks to stay focused and energized.

Reflecting on her journey, she emphasizes the importance of aligning personal and professional priorities. By setting boundaries and maintaining a strong support system, she has navigated the demands of work and education while cherishing moments with her family.

Learn More about Dr. Jewel D. Montgomery Smay:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2679564-Jewel-Montgomery-Smay-Anesthesiologist>

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Source : Dr. Jewel D. Montgomery Smay

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