

Antony Arumairaj, MD, A Distinguished Internist Making a Mark in Healthcare

Leading Internist at NYC Health + Hospitals/Metropolitan and Esteemed Clinical Assistant Professor at New York Medical College



New York City, New York May 21, 2024 ([Issuewire.com](https://www.issuewire.com)) - A New York-based Internist, Dr. Arumairaj has been a cornerstone at NYC Health + Hospitals/Metropolitan since 2018, providing diagnoses, evaluations, and treatment plans for patients in the field of internal medicine. Simultaneously, he has been shaping the minds of future medical professionals as an attending physician and Clinical Assistant Professor of Medicine at New York Medical College since 2021.

Hailing from India, his journey into medicine was fueled by a profound desire to save lives and make a meaningful impact on the well-being of his patients, particularly those facing critical illnesses. Armed with a Bachelor of Medicine, Bachelor of Surgery from the esteemed PSG Institute of Medical Sciences

and Research in India, he honed his skills and knowledge through rigorous training in anesthetic practices and research initiatives.

Thereafter, Dr. Arumairaj's professional voyage took him to Australia, where he further specialized in emergency medicine and garnered invaluable experience in internal medicine. His commitment to academia led him to serve as an assistant professor, both in Australia and later in the United States. His diverse experiences in critical care settings have equipped him with a nuanced understanding of healthcare systems and patient care practices.

In imparting wisdom to aspiring medical professionals, he emphasizes the importance of continuous learning, empathy towards patients, and a steadfast focus on service over financial gains. His exemplary journey serves as an inspiration to all, embodying the essence of a healer, educator, and visionary in the realm of healthcare.

Beyond his clinical pursuits, Dr. Arumairaj has been actively engaged in research endeavors spanning across continents, including India, Australia, and the United States. His involvement in humanitarian efforts, such as volunteering for relief work after the 2004 tsunami in India, underscores his altruistic spirit and commitment to serving communities in need.

As he sets his sights on the future, he envisions completing a pulmonary critical care fellowship and assuming the role of an attending physician in a university hospital. His dedication to advancing medical knowledge through research and participation in major conferences reflects his unwavering commitment to excellence in patient care and medical education.

Learn More about Dr. Antony Arumairaj:

Through his findatopdoc

profile, <https://www.findatopdoc.com/doctor/85021359-Antony-Arumairaj-Internist>, through NYC Health + Hospitals, <https://www.nychealthandhospitals.org/doctors/arumairaj-antony-jackson/> or through his website, <http://www.antonyarumairaj.com/>

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