

Teresa Jackson, DC, Leading Chiropractor in Decatur, Georgia

Helping Patients Focus on Recovering as Quickly and Efficiently as Possible



New York City, New York Apr 19, 2024 ([Issuewire.com](https://www.issuewire.com)) - Voted Best of Georgia Chiropractor in both 2021 and 2022, Dr. Teresa Jackson is dedicated to providing exceptional care to her patients at Total Health & Injury Specialist, LLC in Decatur, Georgia. Specializing in a range of techniques including Diversified, Thompson, Activator, Gonstead, and Soft Tissue Release, she also holds certification in the Functional Movement Technique, ensuring comprehensive care for her patients.

Total Health & Injury Specialist, LLC is known for its expertise in auto accidents, sports injuries, spinal correction, rehabilitation, as well as prenatal and pediatric chiropractic care. The practice maintains a close working relationship with multiple top medical specialists in the Metro Atlanta area, ensuring a holistic approach to patient care.

Originally from Staten Island, New York, Dr. Jackson earned her Bachelor's Degree in Biology from Wagner College in 2004. She then pursued her Doctor of Chiropractic Degree from Palmer College of Chiropractic Florida in 2007.

A year later, in 2008, Dr. Jackson moved to Georgia, where she practiced as an Associate Chiropractor for 3 different offices over a span of 9 years, including Advanced Health and Spine Center (2009-2011), Performance Injury Centers (2011-2014), and Chiropractor at East Atlanta Injury and Wellness (2015-2017), before opening her own practice in 2017.

With a background in athletics, including serving as a cross country / mid-distance runner and achieving her pro card in the bikini category as an All Natural Bodybuilder, Dr. Jackson is committed to promoting a healthy lifestyle. She is an active member of the Georgia Chiropractic Association and the American Black Chiropractic Association, attributing her success to her work ethic and consistency.

Residing in Georgia, Dr. Jackson enjoys maintaining an active lifestyle through activities such as running, weightlifting, and traveling with her husband in her spare time.

Learn More about Dr. Teresa Jackson:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1962698-Teresa-Jackson-Chiropractor> or through Total Health & Injury Specialist, LLC, <https://www.thischiropractic.com/meet-the-doctor>

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