

Meet Kristine Daugherty, PA-C: Founder and Clinical Director of Medicate With Love, Inc. and Resonant Clinic

Board Certified Physician Associate Utilizes a Holistic Approach to Heal the Body and Restore Vitality



New York City, New York Apr 24, 2024 ([Issuewire.com](https://www.issuewire.com)) - In the realm of modern health professionals, Kristine Daugherty, PA-C, stands out for her exceptional dedication to her clients' well-being. A decade ago, inspired by her deep compassion, Kristine embarked on a journey to become a Board Certified Physician Associate. Today, she leverages her extensive clinical experience and

expertise in functional medicine as a holistic health coach to empower individuals to make sustainable lifestyle changes and lead healthier, happier lives.

As the Founder of Medicate With Love, Inc. and Resonant Clinic, Kristine offers a diverse range of holistic and alternative medical solutions both virtually and in person. Throughout her career, she has positively impacted the lives of thousands of individuals, helping them regain their vitality, energy, and libido. By integrating clinically proven therapies and personalized treatment plans, she taps into the body's innate healing abilities to deliver optimal results. Often, patients experience noticeable improvements after just a few sessions or even a single treatment.

"What gives me the most satisfaction is having a long-term relationship where I can work with a patient on an ongoing basis and help to improve their quality of life."

Kristine's passion for healing traces back to her teenage years when she cared for her great-grandmother during her recovery from a fractured hip. Helping with household chores, accompanying her to doctor visits, and eventually keeping track of her many medications sparked curiosity in young Kristine and fueled her quest for a more holistic approach to healthcare.

Dedicated to addressing the root causes of ailments and illnesses, Kristine emphasizes lifestyle modifications and nutritional interventions to support her clients' healing journeys without unnecessary medications. She offers comprehensive virtual consultations and utilizes specialty laboratory testing to counsel on ways to naturally balance hormones, detect food intolerance, optimize thyroid and adrenal function, as well as improve cardiometabolic function, gastrointestinal health, and basic genetic mutations.

Kristine's commitment to excellence is reflected in her academic achievements, including a Master of Physician Associate Studies from Pace University, Lenox Hill Hospital. Her pursuit of knowledge also led her to complete courses at NYU School of Medicine and Stanford University and receive clinical training at esteemed institutions such as New York-Presbyterian Hospital, Lenox Hill Hospital, and the Naval Health Clinic of New England. Additionally, she holds a Master in Integrative Medicine (MIM) Degree and a Master of Business Administration (MBA) Degree.

Recently featured in San Diego Woman Magazine's "Women of Distinction," Kristine is recognized for her exceptional contributions to the field of medicine. As a published author and peer reviewer for reputable journals, she continues to share her expertise and insights through writing, speaking engagements, and podcasts.

When she is not transforming lives through her holistic practice, Kristine enjoys spending time at the beach, exploring different cultures around the world, and cherishing moments with her sweet rescue kitty, Juno.

For individuals seeking a compassionate and knowledgeable partner in their journey towards optimal health and wellness, Kristine Daugherty, PA-C, offers a unique blend of clinical expertise and holistic wisdom to guide them towards a healthier, happier life.

Learn More about Kristine Daugherty:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/85021207-Kristine-Daugherty-Physician-Assistant>, through Medicate With Love, Inc., <https://www.medicatewithlove.com/> or through Resonant

Clinic, <https://resonantclinic.com/about-us/>

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FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

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Source : Kristine Daugherty, PA-C

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