

Mark Stengler, NMD, MS has been Recognized as the Best in California Doctor in 2024

Get to know Mark Stengler, NMD, MS, a Naturopathic Medical Doctor with The Stengler Center for Integrative Medicine in California.



New York City, New York Apr 19, 2024 ([Issuewire.com](https://www.issuewire.com)) - One of the most respected integrative doctors in the United States, Dr. Stengler enjoys working alongside his wife, Dr. Angela Stengler, at The Stengler Center For Integrative Medicine in Encinitas, California. He has been in private practice for more than 26 years and has helped tens of thousands with integrative medicine.

As a naturopathic medical doctor, he received training in both conventional medicine and natural alternatives. He graduated with his Doctor of Naturopathic Medicine degree from the National University of Natural Medicine and has a certificate in Advanced Metabolic Endocrinology from The Metabolic Medical Institute. He has completed coursework in Logic and Reasoning from Oxford University and earned his Master of Science degree in Human Biology from Liberty University. He also holds a Master's degree in Religious Studies and a Bachelor of Arts degree in Liberal Arts.

Dr. Stengler's training included a standard medical curriculum that included diagnosis, laboratory testing, pharmacology, emergency medicine, and minor surgery. His integrative medical education also had him complete training in bio-identical hormones, intravenous nutrient therapy, chelation therapy, ozone therapy, clinical nutrition, nutritional supplements, Chinese medicine, botanical medicine, psychology, counseling, and pharmacogenomics.

Continuously advancing his efforts, he is an active member of the American Association of Naturopathic Physicians, the California Association of Naturopathic Doctors, the American College for Advancement in Medicine, the American Association of Integrative Medicine, the Association for the Advancement of Restorative Medicine, the American Academy of Anti-Aging Medicine, and the Endocrinology Association of Naturopathic Physicians.

In addition to his clinical work, Dr. Stengler is the author/co-author of more than 20 books including the bestselling Prescription For Natural Cures, Outside The Box Cancer Therapies, and Healing The Prostate. His most recent book is The Holistic Guide To Gut Health. He has been published in several peer-reviewed medical journals including The International Journal of Family & Community Medicine, Endocrinology & Metabolism International Journal, Journal of Nutritional Health & Food Engineering, and Alternative Therapies in Health and Medicine.

Furthermore, Dr. Stengler writes weekly articles in his online newsletter, Dr. Stengler's Health Breakthroughs, and has served on a medical advisory committee for the Yale University Complementary Medicine Outcomes Research Project.

The practice of integrative and functional medicine includes modern traditional, scientific, and empirical methods. Naturopathic medicine is a distinct primary healthcare profession, emphasizing prevention, treatment, and optimal health through the use of therapeutic methods and substances that encourage individuals' inherent self-healing process. Naturopathic medical doctors manage and seek to prevent acute and chronic illnesses to restore and establish optimal health.

As a testament to his success, Dr. Stengler was voted the 2019 Doctor of the Year and 2021 Doctor of the Decade by the prestigious International Association of Top Professionals.

Learn More about Dr. Mark Stengler:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1654158-Mark-Stengler-Endocrinology-Diabetes>, or through The Stengler Center for Integrative Medicine, <https://www.markstengler.com/our-doctors/>

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Source : Mark Stengler, NMD, MS

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