

H. Doug Woodford, MD, FACOG, Transforming Lives Through Bioidentical Hormone Replacement Therapy and Wellness

Empowering Individuals to Embrace Vitality at Every Stage of Life in Alabama and Tennessee



New York City, New York Apr 4, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dr. Douglas Woodford, the Founder of Full Life Wellness Center, is dedicated to enhancing the well-being of its patients through innovative bio-identical hormone replacement therapy and integrative wellness practices. With a career spanning over three decades in obstetrics and gynecology, he has honed his expertise in understanding the pivotal role hormones play in overall health and vitality.

Having earned his Medical Degree from the University of Tennessee College of Medicine in Memphis in 1981, Dr. Woodford went on to complete his internship and residency at the said establishment. He was board certified by the American Board of Obstetrics and Gynecology until he retired from OB/GYN in 2021.

Focusing his interests on bio-identical hormone therapy and nutrition, Dr. Woodford transitioned from OB/GYN practice to establish Full Life Wellness Center in Florence, Alabama in 2012, specializing in pellet hormone therapy and integrative approaches to health and wellness. In 2022, expanding his reach to Nashville, Tennessee, he introduced pellet hormone therapy for women, further solidifying Full Life Wellness Center's reputation as a pioneer in holistic wellness solutions.

In addition to being a Fellow of the American College of Obstetrics and Gynecology (FACOG), Dr. Woodford is a distinguished member of the Alabama Medical Society and the Lauderdale County Medical Society.

In a groundbreaking move, he initiated a clinical trial in collaboration with oncology partners to explore the safe use of testosterone pellet therapy in breast cancer survivors experiencing hormone deficiency symptoms post-treatment. This innovative research underscores his dedication to improving the quality of life for individuals facing unique health challenges.

Standing as a beacon of hope for those seeking transformative health outcomes, Dr. Woodford's unwavering commitment to patient care and comprehensive wellness solutions has earned him accolades from his peers and gratitude from the individuals whose lives he has positively impacted.

Learn More about Dr. Howard Doug Woodford:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3683543-H-Douglas-Woodford-OB-GYN-Obstetrician-Gynecologist> or through Full Life Wellness Center, <https://fulllifemd.com/nashville/about-us/>

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