

## **Experienced Chiropractor, Steven Tavernaro DC, MS, Enhances Wellness at Phoenix Chiropractic Center**

**Incorporating a Comprehensive Patient-Centric Approach, Dr. Steve Stands Out in Fulton,  
Missouri**



**New York City, New York Oct 8, 2024 ([Issuewire.com](https://www.issuewire.com))** - Dr. Steven Tavernaro, known affectionately as Dr. Steve, is a skilled chiropractor at Phoenix Chiropractic Center, where he is dedicated to providing exceptional care to his patients. With a strong emphasis on manual adjusting, trigger point therapy, and targeted exercises that address the root cause of pathology, he is committed to helping individuals heal and empower themselves to achieve optimal well-being.

Dr. Steve brings a wealth of knowledge and expertise to his practice, with a Doctor of Chiropractic Degree from Palmer College of Chiropractic - Davenport and a Master of Science Degree in Psychology. His commitment to ongoing learning is evident through his additional training in various chiropractic techniques, including Blair [upper cervical technique], Atlas Orthogonal [upper cervical technique], Cox Flexion Distraction, Thompson technique, Gonstead technique, Toggle technique, Palmer package, NIMMO, Activator, and soft tissue extremities management.

Among his professional affiliations, Dr. Steve is a proud member of the International Chiropractic Association, the Missouri Chiropractic Physicians Association, Delta Sigma Chi fraternal alumnus, Knights of Columbus – Sir Knight, Fulton Chamber of Commerce, and Bricklayers and Allied Crafts Local 15 MO/KS/NE. His dedication to his field is further exemplified by the accolades he has received, including the prestigious Virgil V. Strang Chiropractic Philosophy Award (2020), Best of Missouri Magazine (2024), and Delta Sigma Chi Outstanding Graduate awards.

After a successful career as a DoD contractor in different parts of the United States, Dr. Steve returned to his roots in Missouri, settling in Fulton. His last assignment in Colorado amplified his love of mountains and the outdoors, translating into his personal life as he enjoys hiking, scuba diving, skiing, hunting, and mountain biking. He also enjoys watching his children grow and equally embraces a love of learning and the outdoors.

Dr. Steve's commitment to his patients and his comprehensive approach to chiropractic care make him a valuable asset to the Phoenix Chiropractic Center team. His passion for empowering individuals to take control of their health and well-being sets him apart as a trusted and respected healthcare provider in the Fulton community.

### **Learn More about Dr. Steven Tavernaro:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82976303-Steven-Tavernaro-Chiropractor> or through Columbia Chiropractic Center, <https://www.comochiropractic.com/meet-our-team>

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