

EmpowerHer - Shaping Community Through Women's Football

Barnes FC Dames



London, United Kingdom Apr 19, 2024 ([Issuewire.com](https://www.issuewire.com)) - Barnes Football Club (established in 1862, a founding member of the FA and first-ever FA Cup participant) is running a crowdfunding campaign (via Crowdfunder UK) for the creation of a women's adult team. The EmpowerHer initiative aims to establish a vibrant and inclusive women's football team within the local community. This project not only addresses the growing demand for women's football but also serves as a catalyst for community recovery post-pandemic. By providing opportunities for women of all backgrounds to engage in sports, we aim to foster a sense of unity, resilience, and empowerment within the community.

According to the UK Household Longitudinal Survey, women's mental health deteriorated almost twice as much as men's during the lockdown, due to differences in caring responsibilities and social tendencies. There is also a lack of physical activity, time dedicated to social events, and unfortunately economic impact in the post-pandemic period.

The EmpowerHer Initiative strives to create a lasting legacy of empowerment, inclusivity, and community resilience through women's football. By harnessing the collective enthusiasm and energy of participants, supporters, and partners, we aim to build a stronger, healthier, and more cohesive community for generations to come. Football is more than just a game—it's a platform for empowerment, teamwork, and personal growth.

By joining the Barnes FC Dames fundraising campaign, you're not just contributing to the creation of a football team; you're investing in the empowerment of women. You're providing opportunities for athletes to develop their skills, build confidence, and foster lifelong friendships. You're breaking down barriers

and paving the way for a more inclusive sporting community!

Barnes Football Club is the winner of the 2023 Grassroots Club of the Year 2023 by Surrey FA and FA accredited football club, famous for their community engagement, free football for vulnerable families, family-driven environment, and good governance.

Barnes FC Dames will play Tier 7 of Women's English football in season 24/25 at excellent 3G facilities in Chiswick. Recently backed by a Sport England matching grant, the club needs further support from the community to reach the fundraising target in covering pitch rentals and other basic costs for running the team in its first year. All supporters are hoping the club will play the FA Cup again in the near future!

More information about the project on the Club's website: www.barnesfootballclub.co.uk

Crowdfunding campaign

page: <https://www.crowdfunder.co.uk/p/empowerher-shaping-community-thru-womens-football>



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