

Dr. Heidi Golding Empowers Healing Through Living Well Chinese Medicine in Loveland, CO

Paving The Way For Holistic Healing



New York City, New York Apr 12, 2024 ([Issuewire.com](https://www.issuewire.com)) - A trusted acupuncturist, Dr. Golding brings a unique blend of expertise and compassion to her patients at Living Well Chinese Medicine,

based in Loveland, Colorado. Her approach is deeply rooted in the belief that true healing occurs when there is harmony between the body, mind, and soul. By focusing on restoring internal balance and addressing both internal and external environments, she empowers her patients to embark on a journey toward holistic wellness.

Driven by a desire to turn personal tragedy into a source of healing for others, she embarked on a journey to explore the ancient art of Chinese Medicine after witnessing her sister lose a battle with a rare form of cancer in their teens. With over a decade of experience in the corporate world, she made a conscious decision to dedicate her life to the study and practice of Chinese Medicine – a profound medical system with a history spanning thousands of years.

As a Nationally board-certified practitioner with NCCAOM and a Diplomate of Oriental Medicine (Dipl OM), Dr. Golding brings a wealth of knowledge and expertise to her practice. She also holds a Doctorate in Acupuncture and Chinese Medicine from Pacific College of Oriental Medicine, San Diego.

Drawing inspiration from her mentors Kiiko Matsumoto and Masakaza Ikeda, she incorporates a gentle Japanese approach in her treatments. Additionally, her advanced certification in Frequency Specific Microcurrent (FSM) from Dr. Carol McMackin enhances the efficacy of acupuncture treatments; a modality now used at Cleveland Clinic and many other prominent institutions. FSM is a technology that delivers safe, non-invasive frequencies through the body. The body in turn, in its innate brilliance, knows what to do with these frequencies to balance and optimize many bodily functions. Acupuncture combined with FSM is very powerful together.

Beyond her professional endeavors, Dr. Golding finds joy and balance in activities such as Qi Gong, meditation, pilates, and yoga. Residing in the picturesque landscapes of Colorado with her husband and two adult children, she embraces an active lifestyle that includes skiing, hiking, rock climbing, and tubing down the Poudre River.

Learn More about Dr. Heidi Golding:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/323592-Heidi-Golding-Acupuncturist>, or through Living Well Chinese Medicine, <https://www.livingwellchinesemedicine.com/about>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Dr. Heidi Golding

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