

Tola O. T'Sarumi, MD, a Psychiatrist with Dr. Tola T'Sarumi, LLC and Aesthetics + Mind MD

Get to know Psychiatrist Dr. Tola O. T'Sarumi, who serves patients in Wellesley, Massachusetts.



New York City, New York Mar 25, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dr. T'Sarumi is a double board certified psychiatrist, addiction expert, and Emotional Wellness Strategist who helps professionals and physicians overcome addiction, depression, and suicidal thoughts.

As the Director of Dr. Tola T'Sarumi, LLC and Aesthetics + Mind MD, Dr. T'Sarumi blends mental wellness with aesthetic treatments, offering a holistic approach to personal well-being. Her use of the non-invasive, non-surgical Transcranial Magnetic Stimulation (TMS) therapy has been welcomed by patients looking for a non-drug, non-shock alternative for the treatment of depression.

"My mission is to stop the stigma associated with suicide and addiction. People are hurting and we should hurt with them. I want to promote compassion, love, and care towards each other and toward self. We should first give the love that we so hunger for to ourselves and know that we are special; relevant and that we each have a story to tell."

Wearing multiple hats, Dr. T'Sarumi serves as the Psychiatrist in Charge of the North Belknap Adult Inpatient Program within McLean Hospital's Division of Depression and Anxiety Disorders, while also holding a faculty position at Harvard Medical School.

In her current capacity, she oversees patients grappling with substance use disorders and concurrent conditions like mood disorders, anxiety, and personality disorders. Her primary focus lies in the treatment of individuals with mood disorders, suicide tendencies, and addiction.

After graduating from Xavier University School of Medicine, Dr. T'Sarumi pursued her internship and residency at NewYork-Presbyterian Hospital / Columbia University Medical Center. Subsequently, she honed her expertise through a fellowship in addiction psychiatry at McLean Hospital/Harvard Medical School.

Board certified in psychiatry and addiction psychiatry, Dr. T'Sarumi is recognized as a Diplomate of the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Among her professional affiliations, Dr. T'Sarumi is an esteemed member of the American Psychiatric Association and the American Academy of Addiction Psychiatry.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders by conducting psychiatric evaluations, developing treatment plans, and prescribing medications.

Dr. Tola's expertise in mental health has made her a sought-after professional for various platforms, including publications, podcasts, and films, where she addresses topics such as addiction, suicide, and depression. She has shared her insights on numerous stages, showcasing her knowledge and experience.

Her notable achievements include receiving awards from the American Academy of Addiction Psychiatry and Columbia University/NYC for her contributions to addressing physician suicide. Her work has been featured in esteemed publications such as Medscape, Forbes, the Canadian Medical Journal, the American Association of Publishing Leadership, The American Journal on Addiction, Health eCareers, The Washington Post, Authority Magazine, Thrive Global, and she has been a guest on various podcast shows.

Learn More about Dr. Tola O. T'Sarumi:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/84517688-Tola-T-Sarumi-Psychiatrist> or through her website,
<https://www.drTola.com/about/>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

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Source : Tola O. T'Sarumi, MD

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