

Sonal Patel, MD, an Internist with Medical Associates of West Florida

Get to know Internist Dr. Sonal Patel, who serves patients in Bayonet Point, Florida.



New York City, New York Mar 7, 2024 ([IssueWire.com](https://www.issuewire.com)) - A determined internist specializing in geriatrics and lifestyle medicine in addition to having a classic primary care practice, Dr. Patel sees patients at Medical Associates of West Florida, based in Bayonet Point, Florida. Her approach to patient care is characterized by empathy, attentiveness, and collaboration. She firmly believes in the power of effective communication and actively involves her patients in the decision-making process regarding their healthcare journey. By fostering a supportive and inclusive environment, she ensures that each patient feels heard, valued, and empowered. She is currently VP of her group and sits on the board of directors. This is to promote patient care not only in her own practice but the practices in her surrounding community to create and maintain patient centered medical homes that will continue to flourish.

Born in Chicago, Illinois, her journey to becoming a medical professional began early in life. At the age of six, she relocated to South Florida, where her passion for healthcare started to flourish. Her academic brilliance was evident from the outset, culminating in her role as Valedictorian at IB school - Lincoln Park Academy. This remarkable achievement paved her way to the University of Florida, where she earned a full scholarship to pursue her undergraduate studies.

Undeterred by geographical boundaries, Dr. Patel pursued her medical education abroad, attending the prestigious Medical University of Silesia in Poland. It was here that she honed her skills and acquired a comprehensive understanding of medical science. Returning to the United States, she undertook residency training in internal medicine at Lenox Hill Hospital.

With an unwavering commitment to her specialty, the doctor is board-certified in internal medicine by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

Learn More about Dr. Sonal Patel:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2572797-Sonal-Patel-Endocrinology-Diabetes> or through Medical Associates of West Florida, <https://mawfnet.com/professional-staff/sonal-patel>

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