

Matthew J. McIlrath, DC, CMUA, a Chiropractor with Health One Chiropractic

Get to know Chiropractor Dr. Matthew J. McIlrath, who serves patients in Claymont, Delaware.



New York City, New York Mar 18, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dr. McIlrath, affectionately known as Dr. Matt by his patients and peers, embodies over 25 years of dedication to chiropractic care. Specializing in manipulation under anesthesia for eligible candidates, he has established himself as a trusted expert in his field. His philosophy revolves around a collaborative healthcare approach, where chiropractic

interventions serve as a cornerstone for restoring and maintaining optimal health.

With a compassionate demeanor and extensive experience, he takes immense pride in providing top-notch, natural treatments for spinal and joint issues. Whether it's alleviating persistent back pain, addressing the aftermath of severe whiplash, managing pinched nerves, mitigating headaches, or tackling musculoskeletal conditions like tendinitis and disc herniations, he has encountered a diverse array of challenges throughout his career.

Educated in the United States, Dr. Matt received his undergraduate education at New Mexico State University and graduated with his Doctor of Chiropractic degree from the Texas Chiropractic College in 1993. Later, he earned his Certified Manipulation Under Anesthesia (CMUA) designation from the Northeast College of Health Sciences in 2005.

On a professional level, he is an active member of the American Chiropractic Association, the International Chiropractic Society, and the Delaware Chiropractic Society (President).

What sets Dr. Matt apart is not just his expertise, but his genuine commitment to each patient's well-being. He understands that true healing extends beyond the treatment room and emphasizes the importance of patients actively participating in their own care. He advocates for personalized stretching and strengthening programs tailored to each individual, empowering patients to take charge of their health journey.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn more about Dr. Matthew J. McIlrath:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/219237-Matthew-McIlrath-Chiropractor> or through Health One Chiropractic, <https://www.healthonepa.com/meet-the-team>

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