

Matthew Aaron Sachs, MD, MPH, MBA, a Psychiatrist in Private Practice

Get to know Psychiatrist Dr. Matthew Aaron Sachs, who serves patients in Virginia and North Carolina.



New York City, New York Mar 4, 2024 ([Issuewire.com](https://www.issuewire.com)) - A dual board-certified psychiatrist, Dr. Sachs offers both in-person and telehealth appointments to patients in both Virginia and North Carolina. Specializing in ADHD in both children and adults, he combines therapy with medication management in his sessions.

After graduating with his medical degree from Virginia Commonwealth University in 2006, Dr. Sachs went on to obtain his Master of Public Health degree from Harvard School of Public Health in 2007. Furthering his training, he performed his Adult residency and his fellowship in Child & Adolescent psychiatry with the University of Virginia Health System from 2007-2010 and 2010-2012, respectively.

An authority in his field, he is board-certified in psychiatry & child and adolescent psychiatry by the American Board of Psychiatry and Neurology (ABPN). He is also an active member of the American Academy of Child and Adolescent Psychiatry, the American College of Physician Executives, the American Psychiatric Association, the Medical Society of Virginia, and the Psychiatric Society of Virginia.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

A Virginia Beach native, Dr. Sachs is married to his wonderful wife Jenny, a psychologist specializing in all areas of therapy, especially addictionology and interventions. His middle school-aged son Sam loves sports, reading, and dogs, and aspires (right now) to be an eye doctor for animals. In his free time, you might find him with his family at a water park or on the ski slope. He is also a "little" obsessed with Dave Matthews Band and UVA basketball.

Learn More about Dr. Matthew Sachs:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3547279-Matthew-Sachs-Adolescent-Psychiatrist> or

through his website, www.matthewsachsmd.com

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