

Inspiring Memoir "Both Ends of the Barrel" Chronicles Soldier's Journey from Trauma to Triumph

BOTH ENDS OF THE BARREL

From the Troop Surge to FORT HOOD
A Dozen Years in the Global War



PATRICK L. ZEIGLER Jr.

Wilmington, Delaware Mar 19, 2024 ([IssueWire.com](https://www.issuewire.com)) - Patrick L. Zeigler, Jr., a survivor of the Fort Hood terrorist massacre, releases his deeply personal memoir, "[Both Ends of the Barrel: From the Troop Surge to Fort Hood A Dozen Years in the Global War.](#)" This poignant narrative takes readers on a gripping journey through Zeigler's life, from his adventurous youth to his harrowing experiences in the US First Cavalry and the tragic events that unfolded at Fort Hood.

In "Both Ends of the Barrel," Zeigler candidly shares the challenges he faced as a soldier deployed overseas to fight the global war on terror. His story takes a dramatic turn when he becomes the most critically wounded survivor of the Fort Hood massacre, an event that forever changes the course of his life. Through his compelling prose, Zeigler offers readers a glimpse into the unimaginable pain and resilience required to overcome such a devastating tragedy.

Driven by a sense of duty and a desire to honor the memory of those lost, Zeigler bravely shares his journey of recovery and redemption. "Both Ends of the Barrel" is not just a memoir; it's a testament to the power of the human spirit to rise above adversity and find meaning in the face of unimaginable hardship.

To celebrate the release of "Both Ends of the Barrel: From the Troop Surge to Fort Hood A Dozen Years in the Global War," Patrick L. Zeigler, Jr. has been featured in an exclusive interview with Emmy award-winner Kate Delaney on America Tonight. During the interview, Zeigler delved into the inspiration behind his memoir and shared insights into his journey from trauma to triumph.

Podcast:

https://soundcloud.com/kated-294710598/patrickziegler/s-ucUCkwR8PVq?si=8a3d2290b51e42e18801f1f7f90b971b&utm_source=clipboard&utm_medium=text&utm_campaign=social_sharing

YouTube:

<https://youtu.be/YvLH4KHHFgM>

The book is currently available on [Amazon](#) and other leading online retailers. Grab your copy today!

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About the Author:

Born on May 31, 1981, in Jacksonville, FL, Patrick L. Zeigler, Jr. hails from a military family, with both

parents serving as active-duty Navy personnel. Following the tragic loss of his mother in 1986, he was raised alongside his father and sister in North and Central Florida. Graduating with a B.S. in International Affairs from Florida State University in 2004, Zeigler embarked on a career path that led him to enlist as a Cavalry Scout in the U.S. Army in March 2005.

His military service took him to Iraq during the Troop Surge in October 2006. On November 5, 2009, Zeigler's life took a drastic turn when he was shot four times during the Fort Hood Massacre, an event in which he and thirty-two others survived. Over the next decade, he underwent extensive recovery from the gunshot wound to his right temple, leaving him permanently handicapped. Presently residing in Daytona Beach Shores, FL, Zeigler remains dedicated to his recovery journey while cherishing moments spent with his 10-year-old son, Liam Patrick Zeigler.

For more information about Patrick L. Zeigler, Jr. and his book, visit www.patrickzeiglerauthor.com.

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