## **Eric North Is Leading the Way Of Finding Eternal Happiness With His Soul Lessons**



New York City, New York Mar 28, 2024 (Issuewire.com) - Eric North is a groundbreaking author and renowned motivational speaker known for his wise words and fierce personality. In his years of inspiring others, he has earned the title of 'The Happiness Warrior' who guides his followers into finding eternal peace, and happiness. Continuing his journey of helping others and advising them on various life lessons, Eric is now offering some soul lessons. North has repeatedly talked about his love and admiration for New York City. Talking about how this place continues to inspire him throughout his life, North says that he has always felt a sense of home, intensity, and reckoning. He says NYC is where the best of the best come to test their abilities and find their calling. The city is frantic and busy but bursting with the energy of the ebb and flow of life, offering the circle of life that is ever-present and timeless.

The best-selling author was in NYC for a somber occasion, but he finds himself deep in thought as the morning sun ascends over the towers of the city. In the distance, he could see a glint of the river and light as it began to shine on the freshly budded trees on a cold spring morning. This gave him the feeling of hope and new life in the air and made him realize that he is here to celebrate the life of a great man and he can't help but feel inspired and grateful for the privilege of being a friend that mattered. North has had a hero in his life, a man of great integrity and courage who made him feel like he could do anything. This gave him an infinite ability to live in happiness knowing that nothing else matters except what people have done to help others. He came to NYC to remember and celebrate the life of one of his heroes and found another piece of himself. It is a soul lesson to refuel his passion to only do good with his life, which inspired him further to share this with his followers.

'The Happiness Warrior' tells us that to become eternally happy and content with own life, one must be aware of the ego. One thing that all the people that he admires share in common is an ability to show vulnerability and remain humble. Remaining humble can be difficult as we rise through our lives and accomplishments. People can lose patience with those who are left behind and become unhappier with themselves and less connected with those they love. When people learn to tame the ego, they learn to love and forgive themselves better. Another piece of advice is to learn to master the soul. North says there is a turning point when people can stop believing that things happen to them and that they have no control over their response or ability to take control and fight back. When people learn to speak and live in their truth, they can change their destiny and tell their own stories. He claims that purpose, empathy, and vibration will rise, and people will begin to feel a greater connection to the universe's energy.

The motivational speaker also asks his followers to focus on personal growth. He says no matter how disassociated and disastrous people make their lives, there is always a point where they hit rock bottom and have no choice but to rise. It is the time to tell themselves that they are worth it and begin the process of forgiveness while living in a state of gratitude for the lessons from their past misdeeds and poor choices. Furthermore, North says to become the master of your own life. He says if there is one thing that tributes and funerals to those who have passed is the change in perspective. It is how people treat time and reconsider the value of their actions. The life coach asks to gain life mastery people must be comfortable in their truth and authenticity. People must use their voices and listen to the power of their intentions. At the same time, it is how people grow, learn, and pass wisdom to others. It is how people become warriors for themselves without needing validation from others.

The Happiness Warrior also asks his followers to believe that the future starts today as nothing is ever gained when people wait for others to provide direction and manipulate their choices. He says that everything people need to know comes from within, all people need to do is begin to take steps to take control reignite their spirit, and nourish their soul. He further states that a dream starts with a beginning

when making things happen and believing in themselves. The self-directed power that all possess creates their momentum. So it is advised to start small and be consistent as wisdom grows and the stages and processes will become clearer. So it is always important to practice and work in alignment with intention because each step of the journey contains many lessons. As The Happiness Warrior, he believes that no matter what everyone's circumstances or where they are united by humanity and faith in one another. Visit <a href="https://www.thwarrior.com">www.thwarrior.com</a> for more information.

## **Media Contact**

Tom Estey Publicity & Promotion

tomestey@icloud.com

518 248 6174

Source: Tom Estey Publicity & Promotion

See on IssueWire