

Albert Knapp, PsyD, BCBA-D, RPT-S, a Psychologist with Albert Knapp and Associates

Get to know Psychologist Dr. Albert Knapp, who serves patients in Redondo Beach, California.



New York City, New York Mar 7, 2024 ([IssueWire.com](https://www.issuewire.com)) - A determined psychologist, Dr. Knapp serves as the Executive Director of Albert Knapp & Associates, a pioneering group practice that also serves as a training hub for aspiring mental health and Applied Behavior Analysis professionals.

With a diverse professional background, he has amassed extensive experience in serving individuals across the lifespan with developmental disabilities, autism spectrum disorder, behavioral challenges, and dual diagnoses. His multidimensional approach encompasses direct service, supervision, consultation, training for professionals and parents, assessment, and psychotherapy. Dr. Knapp is adept in utilizing evidence-based practices such as Seeking Safety, Trauma Focused Cognitive Behavior Therapy (TF-CBT), and the Program for the Enrichment and Education of Relational Skills (PEERS) to address complex mental health needs.

Education-wise, Dr. Knapp's academic journey includes earning a Doctorate in Clinical Psychology from Argosy University, Orange County, and a Master's degree in Psychology from Pepperdine University. He holds several significant certifications, including being a Clinical Psychologist in California, a Board Certified Behavior Analyst-Doctoral, and a Registered Play Therapist-Supervisor.

Continuously advancing his efforts, he is an active member of several professional organizations, including the American Psychological Association, the Los Angeles County Psychological Association, the Association for Behavior Analysts International, the Association of Professional Behavior Analysts, the California Association for Behavior Analysis, and the Association for Play Therapy.

One of Dr. Knapp's notable contributions lies in his doctoral research, which focused on investigating the impact of autism spectrum disorders on parental stress, anxiety, and coping mechanisms. This groundbreaking work was recognized by Argosy University as an "Outstanding Clinical Research Project" and has been disseminated through presentations at prestigious conferences such as the American Psychological Association Annual Conference and the Association for Behavior Analysis International Conference.

Furthermore, his dedication to advancing knowledge in the field is evident in his publication, "Parenting a Child with Autism Spectrum Disorder: Practical Strategies to Strengthen Understanding, Communication, and Connection," released in September 2020.

Beyond his clinical and academic pursuits, Dr. Knapp has played integral roles in organizations like Our Village, contributing his expertise as a Founding Board Member/Treasurer and Clinical Director. His altruistic endeavors extend to his involvement as a Clinical Supervisor at Insight Psychotherapy Group, offering affordable treatment options, and his ongoing participation in the Beach Cities Mental Health Task Force.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases, and improving patients' quality of life.

Learn More about Dr. Albert Knapp:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82108760-Albert-Knapp-Psychologist> or through Albert Knapp & Associates, <https://www.akatherapy.com/meet-dr-knapp/>

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Source : Albert Knapp, PsyD, BCBA-D, RPT-S

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