

Abel E. Rojas-Parra, MD, Geriatrician

Get to know Geriatrician Dr. Abel E. Rojas-Parra, who serves patients throughout the State of California.



New York City, New York Mar 7, 2024 ([IssueWire.com](https://www.IssueWire.com)) - Dr. Rojas-Parra fulfills multiple responsibilities within the medical community, acting as an urgent care physician at both South Valley Health Center and High Desert Regional Health Center. Additionally, he brings his expertise as a geriatrician at Clinica Sierra Vista, ensuring comprehensive and specialized care.

Born in Tijuana, Mexico, Dr. Rojas-Parra was raised by his mother. She instilled in him a love for reading and studying, and through her own work at the Rady Children's Hospital in San Diego, he witnessed how the medical staff helped restore patients' health. This and other experiences motivated him to pursue a career in medicine.

In 2016, Dr. Rojas-Parra graduated from the Universidad Autónoma de Baja California. During his year of community service, he provided medical care in the small rural town of Valle de Las Palmas and served as tutor to the medical students at his university. These experiences piqued an interest in both family medicine and teaching. After graduation, he worked at a local community clinic in Tijuana, where he saw a variety of patients, many of them suffering from chronic degenerative diseases and who lacked resources to be properly treated.

In the summer of 2018, Dr. Rojas-Parra had the opportunity to join the UCLA International Medical Graduate Program. During his clinical rotations at several UCLA-affiliated hospitals and clinics, he gained insight to the California health care system and the needs of the state's diverse underserved population.

Furthering his education, Dr. Rojas-Parra completed his residency in family medicine at UCLA from 2019-2022, followed by his fellowship in geriatric medicine at the said establishment from 2022-2023.

Board certified in both family medicine and geriatric medicine, the doctor is recognized as a Diplomate of the American Board of Family Medicine (ABFM). The ABFM is a non-profit, independent medical association of American physicians who practice in family medicine and its sub-specialties.

Continuously advancing his efforts, Dr. Rojas-Parra is an esteemed member of the American Academy of Family Physicians, the American Geriatrics Society, and the National Hispanic Medical Association.

Geriatrics, or geriatric medicine, is a specialty that focuses on health care of elderly people. It aims to promote health by preventing and treating diseases and disabilities in older adults. Geriatricians focus on maintaining patient well-being and independent functioning. They diagnose and treat conditions that may commonly occur with age.

Outside of practicing medicine, Dr. Rojas-Parra's hobbies include hiking, reading, brewing beer, walking his dog, watching movies, and traveling.

Learn More about Dr. Abel E. Rojas-Parra:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/84881152> or through Clinica Sierra Vista, <https://www.clinicasieravista.org/doctors-clinicians/abel-rojas-parra-md/>

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