

Savannah M. Fine, MA, LMFT, a Licensed Marriage and Family Therapist in Private Practice

Get to know Licensed Marriage and Family Therapist, Savannah M. Fine, who serves patients throughout the State of California.



New York City, New York Feb 16, 2024 ([IssueWire.com](https://www.IssueWire.com)) - Savannah is a licensed marriage and family therapist providing telehealth services to patients in California. She is committed to guiding individuals on a journey of self-discovery, fostering healthier relationships, and nurturing stronger connections within communities.

Specializing in a diverse range of areas, including sex and sexuality, intimacy, relationships, chronic pain and illness, anxiety, and life transitions, she is well-equipped to address the multifaceted aspects of the human experience. Her therapeutic approach is grounded in curiosity and non-judgment, creating a space that encourages exploration and self-reflection.

In regards to her educational background, Savannah earned her Bachelor of Science degree in Psychology from Chapman University in 2016 and received her Master of Arts degree in Clinical Psychology from the Pepperdine University Graduate School of Education and Psychology in 2019. She also completed 90 hours of Human Sexuality Education and 60 hours of Sex Therapy Education with the Modern Sex Therapy Institute in 2022.

For her, the client-therapist relationship is a partnership, where individuals can openly express themselves without fear of judgment. Her commitment to providing comprehensive support for the mind, body, and soul reflects her genuine dedication to the well-being of those she works with.

Savannah's toolkit includes a blend of embodiment, mindfulness, humor, and collaboration. She recognizes that healing and growth are unique processes for each individual and tailors her methods to meet the specific needs of her clients. By integrating these elements, Savannah strives to create a therapeutic environment that is not only safe and comfortable but also productive for delving into the past, navigating the present, and envisioning a fulfilling future together.

Licensed Marriage and Family Therapists (LMFTs) are mental health professionals trained in psychotherapy and family systems and licensed to diagnose and treat mental and emotional disorders within the context of marriage, couples and family systems. They are a highly experienced group of practitioners, with an average of 13 years of clinical practice in the field of marriage and family therapy.

Learn More about Savannah M. Fine:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/85019861-Savannah-Fine-Counselor-Therapist> or through her website, <https://humanpainpill.com/>

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