

Mending Minds Village to Hold Inaugural “Walk for Life” Community Event



Ogden, Utah Feb 6, 2024 ([IssueWire.com](https://www.issuewire.com)) - Mending Minds Village, a leading mental health advocacy organization, is proud to announce its first annual "Walk for Life" Suicide Prevention community event. This significant event is set to take place on June 14, 2024 at Morgan High School Football Field, and aims to raise awareness about suicide prevention, promote mental health wellness, and support those affected by suicide.

Suicide is a global public health concern, and Mending Minds Village is committed to taking proactive steps to address this issue. The "Walk for Life" community walk provides an opportunity for the community to come together, break the silence surrounding mental health, and foster a sense of unity and support for individuals facing mental health challenges.

Event Details: Date: June 14, 2024 Time: 3 pm to 10 pm Location: Morgan High School, 55 N Trojan Blvd, Morgan, Utah 84050 The walk event will take place on the high school football track and will last until after dark. Participants will have the chance to walk in memory of loved ones lost to suicide, show

support for survivors, and unite to combat the stigma surrounding mental health.

"We believe that by coming together as a community, we can make a significant impact in preventing suicide and promoting mental health," said Kaden Mattinson, Executive Director for Mending Minds Village. "The 'Walk for Life' Walkathon is an opportunity for individuals and families to join hands, share stories, and demonstrate that healing is possible when we work together."

The event will also feature inspiring speakers, mental health resource booths, and activities for participants of all ages. Mending Minds Village encourages local businesses, community organizations, and individuals to get involved by sponsoring the event, forming relay teams, or volunteering to make a lasting impact.

For sponsorship opportunities or to register for the "Walk for Life" Suicide Prevention Walkathon, please visit www.mendingmindsvillage.org or contact Kaden Mattinson at kaden@mendingmindsvillage.org or (801) 259-3312.

About Mending Minds Village: Mending Minds Village is a non-profit organization that was started to help Kaden's then 6-year-old daughter Aspen obtain the mental health treatments that she was unable to receive due to her age. Mending Minds Village is dedicated to promoting mental health awareness, supporting those affected by mental health challenges, and working towards a stigma-free society. Through community engagement, education, and advocacy, Mending Minds Village strives to create a world where everyone feels comfortable seeking help for their mental health.

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