

Kimberly A. James, PhD, a Psychologist with Stepping Stone Therapy

Get to know Psychologist Dr. Kimberly A. James, who serves patients in Webster, Texas.



New York City, New York Feb 19, 2024 ([IssueWire.com](https://www.issuewire.com)) - Dr. James is a seasoned and compassionate licensed psychologist with over 20 years of experience, specializing in adult clients facing a myriad of challenges including anxiety, stress, depression, and relationship issues. Particularly adept in navigating intra-cultural and intercultural relationships, she offers a safe and inclusive space for clients to explore their challenges and find meaningful solutions.

In regards to her educational background, she graduated with a doctorate in Counseling Psychology from SUNY Buffalo and has been dedicated to serving the community in Texas for over a decade.

Among her professional affiliations, Dr. James remains engaged in professional development through memberships in organizations like the APA Division 13 Consulting Psychologists and as a general member of the APA.

Beyond her clinical practice, she is actively involved in leadership coaching and consultancy, drawing from her extensive experience as the Associate Director/Clinical Director of Counseling Services at the University of Houston-Clear Lake and as the Assistant Dean of Graduate Life at Stanford University.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases, and improving patients' quality of life.

As a testament to her success, Dr. James has received prestigious accolades such as the Arturo Schomberg Graduate Fellowship, and being named among the Best in Texas Doctors by Best in Texas Magazine in 2024.

On a more personal note, she cherishes moments with her family and friends, indulges in travel, and maintains her well-being through fitness pursuits with her personal trainer.

Learn More about Dr. Kimberly A. James:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/3716518-Kimberly-James-Psychologist> or through Stepping Stone Therapy, <https://steppingstonetherapy.org/james/>

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