Jeri DeVale, PhD, a Psychotherapist in Private Practice

Get to know Psychotherapist Dr. Jeri DeVale, who serves patients throughout the State of Florida.



New York City, New York Feb 19, 2024 (<u>Issuewire.com</u>) - Dr. DeVale is a seasoned practitioner in the realms of psychology, therapy, and personal development, boasting an impressive academic background and over four decades of professional experience. With offices conveniently located in central St. Petersburg (Kenneth City) and Largo, Florida, as well as offering online therapy sessions, she ensures accessibility for clients seeking support and guidance.

Embracing a holistic approach to therapy, she recognizes the multifaceted nature of each individual's journey toward emotional wellness. Understanding that there is no one-size-fits-all solution, she collaborates closely with clients to tailor interventions that resonate with their unique needs and circumstances.

Her clientele spans a diverse spectrum, encompassing individuals, couples, families, children, and businesses alike. Whether grappling with personal challenges such as anger management, addiction, depression, or anxiety, or seeking to enhance relationships, confidence, and self-esteem, she offers a compassionate and personalized approach to therapy. Moreover, her expertise extends beyond traditional psychotherapy, encompassing marriage counseling, organizational consulting, career coaching, and performance enhancement strategies.

Academically, Dr. DeVale earned her Ph.D. in both Clinical and Organizational Psychology and Development from William Lyon University in 1987, adding to her Master's degree in Counseling Psychology from Lindenwood College, which she received in 1978.

Rooted in her belief that physical, emotional, mental, soulful, and spiritual dimensions are interconnected, she integrates a comprehensive framework into her therapeutic practice, fostering holistic healing and personal transformation. Her commitment to ongoing growth and development is evident in his dedication to serving clients across various domains, from fostering self-growth and enlightenment to optimizing performance in sports and all facets of life.

Psychotherapy is the use of psychological methods, particularly when based on regular personal interaction, to help a person change behavior and overcome problems in desired ways. Psychotherapists work with clients who are affected by difficulties such as depression, phobias, stress, anxiety, emotional and relationship problems, physical or psychosomatic disorders, and behavioral problems.

Learn More about Dr. Jeri DeVale:

Through her findatopdoc profile,

https://www.findatopdoc.com/doctor/82466631-Jeri-DeVale-Psychotherapist or through her website, https://www.jeridevalephd.com/

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