

Gony Alexandra Weiss, MD, a Psychiatrist with Dr. Weiss Wellness, PLLC

Get to know Psychiatrist Dr. Gony Alexandra Weiss, who serves patients in Westport, Connecticut.



New York City, New York Feb 14, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dr. Weiss, a board-certified psychiatrist, established Dr. Weiss Wellness, PLLC in Westport, Connecticut. Specializing in treating various mental disorders such as ADHD, anxiety, depression, bipolar disorder, PTSD, and substance use disorder, she also offers extensive expertise in assisting adults dealing with emotional, behavioral, social, and

relational challenges.

Dr. Weiss most enjoys working with patients who are kind and down to earth. Both her mission and passion is to help as many patients as she can create healthy, joyous, meaningful, and purposeful lives, emphasizing the importance of unconditional self-love, self-compassion, and unwavering faith.

Drawing from over two decades of experience and having served tens of thousands of patients, Dr. Weiss integrates contemporary evidence-based medicine with her profound knowledge and intuition to enhance and safeguard the lives of those she treats. Setting herself apart from her peers, she adopts an empathetic, compassionate, comprehensive, and holistic approach to patient care, striving to deliver the highest quality of treatment and support.

During patient consultations, Dr. Weiss conducts a comprehensive evaluation, thoroughly assessing their history, symptom severity, and individual characteristics. From this, she crafts a personalized treatment plan tailored to each patient's unique genetics, biopsychosocial profile, mindset, support network, and level of functioning. Her blend of compassionate listening and expertise in cutting-edge treatment methods distinguishes her from her peers, earning praise from patients for her unparalleled approach.

Dr. Weiss cares, listens, and knows what her patients need in order to live their best life ever, a life aligned with their soul's desires where their mind, body, spirit, purpose, relationships, and environment are aligned, nourished, and nurtured. By reducing fear-induced pain and nurturing joy, she strives to infuse more love and happiness into her patients' daily experiences.

In regards to her educational background, Dr. Weiss graduated with her Medical Degree from Sackler School of Medicine in New York in 2004. She then went on to perform her internship, residency in adult psychiatry, and fellowship in child and adolescent psychiatry in New York City at The Mount-Sinai-St. Luke's Hospital, Columbia College of Physicians and Surgeons.

During her training, Dr. Weiss showcased her expertise by presenting Grand Rounds on topics such as Resilience: Helping Teens Overcome Adversity. She also shared her research findings on the Importance of Extracurricular Activities at the American Academy of Child and Adolescent Psychiatry Annual Conference, along with discussions on How to Talk to Your Teenager about Drugs and Alcohol, among others.

Board certified in psychiatry, Dr. Weiss is recognized as a Diplomate of The American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Throughout her professional journey, Dr. Weiss has gained diverse experience across various settings, including outpatient clinics, inpatient facilities, psychiatry emergency rooms, and intensive outpatient programs. She has held roles such as Unit Chief Attending Psychiatrist on an Inpatient Unit, Psychiatry Clerkship Director, and Associate Professor of Psychiatry. Additionally, Dr. Weiss has contributed to the field through numerous published articles and presentations covering a wide range of mental health topics.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and

evaluate treatment results.

Throughout her tenure in private practice, Dr. Weiss received accolades acknowledging her contributions, including the Most Compassionate Doctor Award and the Child and Adolescent Psychiatry Educational Outreach Program for General Psychiatry Residents Award in 2007, among other honors.

When it comes to vacationing, Dr. Weiss' favorite destinations include tropical islands, Europe, and Israel. In terms of hobbies and sports, she enjoys engaging in pickleball, tennis, volleyball, as well as indulging in art, dancing, attending live music events, and hiking. As for her preferred professional publications, she gravitates towards reading the American Journal of Psychiatry, JAMA Psychiatry, Psychiatric Times, and Psychology Today.

Learn More about Dr. Gony Alexandra Weiss:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/1663696-Gony-Weiss-Psychiatrist> or through her website, <https://www.doctorweisswellness.com/about>

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