

Deepa Grandon, MD, FAAAAI, FACAAI, an Allergist & Immunologist with Transformational Life Consulting

Get to know Allergist & Immunologist Dr. Deepa Grandon, who serves patients in Tallahassee, Florida.



New York City, New York Feb 19, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dr. Deepa Grandon, MD, MBA, is a triple board-certified physician. She is a diplomate of the American Board of Internal Medicine (ABIM), the American Board of Allergy and Immunology (ABAI), and the American Board of Lifestyle Medicine (ABLM).

Dr. Grandon has been in practice for 23 years. She is an experienced Internal Medicine and allergy/Immunology physician. She received her medical degree from Manipal Academy of Higher Education (MAHE), India, completed her Internal medicine residency at the University of Tennessee, Memphis, TN, USA, a post-doctoral research fellowship in Respiratory Physiology at the Lerner Research Institute, Cleveland Clinic, Ohio, USA, and completed a postdoctoral clinical fellowship in Allergy/Basic and Clinical Immunology at the University of California Irvine, USA. She has also received her MBA from Northeastern University, Boston, MA, USA.

Dr Grandon spent a significant part of her professional career working at world-renowned institutes globally, the last being Cleveland Clinic Abu Dhabi, where she received the 2021 Physician Excellence Award. Dr. Grandon is now the Founder and CEO of Transformational Life Consulting (TLC), her lifestyle medicine coaching program, which she launched in 2023. Her company utilizes preventive strategies of lifestyle-based, holistic medicine in treating chronic lifestyle disease-complicated allergy/immunology conditions such as obesity-complicated severe asthma, autoimmune aggravated mast cell dysfunction, and lifestyle measures for poorly controlled atopic dermatitis. She is licensed and practices in the US across 13 states utilizing telemedicine platforms.

Dr. Grandon's current area of research involves epigenetics and the science of longevity using lifestyle measures. She hosts her podcast, educates professionals and the public through live webinars, and has created a lifestyle medicine course that she teaches in churches and small groups.

Dr. Grandon splits her time between the US and UAE as her family lives in both countries. She is an ardent musician who plays the keyboard for her church choir and produces her own music when she can. She is also a fitness enthusiast. Her love for spirituality, healthy lifestyle choices, and the power of communities started her on her entrepreneurial journey. She volunteers and collaborates in philanthropic activities geared towards rescuing human trafficked victims and serving orphans and marginalized women worldwide.

Learn More about Dr. Deepa Grandon:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/249126-Deepa-Grandon-Allergist-and-Immunologist>, or through Transformational Life Consulting <https://www.drdeepa-tlc.org/>

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