

Anup Shah, MD, MBA, FAAOS, an Orthopedic Surgeon with Banner – University Orthopedics and Sports Medicine

Get to know Orthopedic Surgeon Dr. Anup Shah, who serves patients throughout the State of Arizona.



New York City, New York Feb 27, 2024 ([IssueWire.com](https://www.IssueWire.com)) - A skilled orthopedic surgeon, Dr. Shah is

affiliated with Banner–University Orthopedics and Sports Medicine, tending to patients at their offices in Phoenix and Scottsdale, Arizona. His expertise encompasses a wide array of specialties, including advanced arthroscopic surgery for knee and shoulder conditions. From ACL reconstruction to complex shoulder reconstructions, his surgical prowess and commitment to innovation ensure optimal outcomes for his patients.

Central to his philosophy of care is a patient-centric approach, characterized by empathy, compassion, and evidence-based practice. By treating each patient with the same level of care and attention he would offer to a family member or friend, he fosters trust and collaboration, empowering patients to achieve their desired goals and lifestyle.

Education-wise, Dr. Shah completed his residency in orthopedic surgery at the University of Texas Health Science Center - San Antonio in 2008. His journey culminated in an Orthopedic Sports Medicine Fellowship at Baylor College of Medicine and a Shoulder/Elbow Fellowship at Harvard Medical School/Massachusetts General Hospital. His pursuit of knowledge extended beyond medicine, as evidenced by his attainment of a Master of Business Administration from Rice University.

He has dual board certifications from the American Academy of Orthopedic Surgeons and a Certificate of Added Qualification in Sports Medicine. He has been recognized as a Fellow of the American Academy of Orthopedic Surgeons (FAAOS) and is an active member of the American Orthopedic Society for Sports Medicine, and the American Shoulder and Elbow Society.

As a testament to his expertise, Dr. Shah serves as a team physician for the Phoenix Suns and Milwaukee Brewers. Additionally, his role as the head team physician for Paradise Valley and Barry Goldwater High Schools underscores his dedication to comprehensive athletic care within his community.. His wealth of experience in sports coverage ensures that athletes receive the highest standard of care, facilitating their journey to peak performance.

Actively engaged in education and research, Dr. Shah's contributions to orthopedic research are substantial, with over 50 peer-reviewed articles, book chapters, and presentations.

Orthopedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopedic surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders.

Beyond his professional endeavors, Dr. Shah finds fulfillment in family, sports, and travel. An avid sports enthusiast and former ranked tennis player, he leads an active lifestyle, balancing his passion for medicine with a commitment to personal wellness.

Learn More about Dr. Anup Shah:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1717544-Anup-Shah-Orthopedist?zipcode=85256>, through Banner – University Orthopedics and Sports Medicine, <https://doctors.bannerhealth.com/provider/Anup+Shah/2015237> or through his website, <https://www.orthoshah.com/anup-shah-md-mba-faaos-orthopedic-knee-shoulder-surgeon-phoenix-arizona/>

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