

Stephen A. Broughton, MD, a Psychiatrist with Southeast Arkansas Behavioral Healthcare System, Inc.

Get to know Psychiatrist Dr. Stephen A. Broughton, who serves patients in Pine Bluff, Arkansas.



New York City, New York Jan 30, 2024 ([IssueWire.com](https://www.issuewire.com)) - As a highly-trained and qualified psychiatrist, Dr. Broughton is the Medical Director of Southeast Arkansas Behavioral Healthcare System, Inc. in Pine Bluff, Arkansas. Notably, he can be found on staff at Jefferson Regional Medical Center, which is one of the few hospitals in the state that operates an inpatient psychiatric unit.

Among his other roles, Dr. Broughton has been serving as the Deputy Sheriff Psychiatrist at the Jefferson County Sheriff's Office – Arkansas since April 2008. He provides acute stress management for the department and is a fully certified Part-Time II Law Enforcement Officer by the Arkansas Commission on Law Enforcement Standards and Training.

With a broad educational background, Dr. Broughton graduated with his Undergraduate Degree from the University of Arkansas – Pine Bluff. He then went on to earn his Medical Degree from the University of Arkansas for Medical Sciences College of Medicine in 1990.

Furthering his training, Dr. Broughton completed an internship in psychiatry at the University of Alabama at Birmingham Medical Center from 1990-1992, followed by a residency program in psychiatry at the Medical College of Georgia in Augusta from 1992-1994. He returned to Pine Bluff in 1994 and was hired as a staff psychiatrist at Southeast Arkansas Behavioral Healthcare System, Inc. He was promoted to medical director in 1997 but left the mental health center in 1999 to open a private practice. He also worked as an instructor at the Arkansas State Hospital for Mental Illness and at the University of Arkansas College of Medicine in Little Rock, before returning to the Southeast Arkansas Behavioral Healthcare System, Inc. as a staff psychiatrist in 2008.

Among his professional affiliations, Dr. Broughton is an active member of the National Medical Association and the Arkansas Fellow Pharmaceutical Association.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

With a passion to help and educate the public, Dr. Broughton has done numerous public speaking engagements and national webinars addressing suicide prevention in collaboration with his fraternity.

Having always had a great support system – both of his parents pursued careers in education and his spouse, Cheryl, is a pharmacist. Together they have two children, Drs. CarLynna Nichols and Stephen Thomas Broughton II, both thrive in the medical profession as doctors.

Learn More about Dr. Stephen A. Broughton:

Through his findatopdoc

profile, <https://www.findatopdoc.com/doctor/3504865-Stephen-Broughton-Psychiatrist> or through Jefferson Regional, <https://www.jrmc.org/find-a-doctor/stephen-a-broughton-md/>

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