

Jennifer Chen Hopkins, MD, a Sleep Medicine Specialist with Sleep Health Clinic of The Woodlands

Get to know Sleep Medicine Specialist Dr. Jennifer Chen Hopkins, who serves patients in The Woodlands, Texas.



New York City, New York Jan 30, 2024 ([Issuewire.com](https://www.issuewire.com)) - A devoted sleep medicine specialist, Dr. Hopkins works with patients at the Sleep Health Clinic of The Woodlands in Texas.

Sleep Health Clinic of The Woodlands is an outpatient clinic specializing in the evaluation and care of children and adults with problems related to sleep. Their mission is to help those individuals suffering from organic sleep disorders so that they and their loved ones can live healthier and happier lives.

Raised in the heart of Louisiana, Dr. Hopkins quickly found her way to Texas after a brief stint up north, eventually making it her permanent home. Her academic journey is marked by an impressive array of accomplishments. She earned her Bachelor of Science degree in Chemistry from Yale University, before pursuing her medical degree at the Louisiana State University Health Sciences Center – New Orleans.

Her residency at Baylor College of Medicine was a pivotal phase in her career, where she specialized in Internal Medicine and Pediatrics. This training ground provided her with exposure to the Texas Medical Center, an eminent institution where she honed her skills under the mentorship of leading medical experts. She further delved into the realm of sleep medicine through a fellowship at Baylor College of Medicine.

As a testament to her success, the doctor is board-certified in sleep medicine and internal medicine by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

To boot, she is board-certified in pediatrics by the American Board of Pediatrics (ABP). The mission of the ABP is to advance child health by certifying pediatricians who meet standards of excellence and are committed to continuous learning and improvement.

Continuously advancing her efforts, Dr. Hopkins is a proud member of the American Academy of Sleep Medicine, the Southern Sleep Society, the Texas Medical Association, and the Harris County Medical Society.

Throughout her career, she has made significant contributions to the medical landscape, practicing in both Houston and Austin. Her professional journey includes invaluable experiences at world-renowned institutions such as Texas Children's Hospital, St. Luke's Episcopal Hospital, Methodist Hospital, Harris County Hospital District, and the Michael E. DeBakey V.A. Medical Center.

Sleep medicine is a medical specialty or subspecialty devoted to the diagnosis and therapy of sleep disturbances and disorders. From the middle of the 20th century, research has provided increasing knowledge and answered many questions about sleep-wake functioning. Sleep medicine specialists are trained to diagnose, treat, and manage various types of sleep disorders.

In recognition of her outstanding contributions, Dr. Hopkins was named a Super Doctors® 2012 Texas Rising Star, a testament to her excellence in the field.

Deeply embedded in her community, she resides in The Woodlands with her husband, son, and their miniature schnauzer.

Learn More about Dr. Jennifer Chen Hopkins:

Through her findatopdoc

profile, <https://www.findatopdoc.com/doctor/3112279-Jennifer-Hopkins-Sleep-Medicine-Specialist> or
through Sleep Health Clinic of The Woodlands, <http://www.sleephealthwoodlands.com/about.html>

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