

Board-Certified Psychiatric-Mental Health Nurse Practitioner, Abraham Masara, who serves patients in Syracuse, New York.

Abraham Masara, PMHNP-BC, a Board-Certified Psychiatric-Mental Health Nurse Practitioner with I - View Psychiatric NP & Behavioral Therapy P.C.



New York City, New York Jan 29, 2024 ([Issuewire.com](https://www.issuewire.com)) - Abraham, a board-certified psychiatric-mental health nurse practitioner, serves as the visionary Founder and CEO of I-View Psychiatric NP & Behavioral Therapy P.C. in Syracuse, New York. His profound mission revolves around delivering compassionate and accessible mental health services, empowering individuals on their transformative

journey toward mental well-being.

With a diverse clientele spanning children, adolescents, adults, and geriatrics, Abraham specializes in providing faith-based, culturally sensitive therapy, and meticulous medication management. His expertise encompasses the assessment, diagnosis, and treatment of various mental health conditions, ranging from schizophrenia, bipolar disorder, major depressive disorder (MDD), and generalized anxiety disorder (GAD) to substance use disorder and attention-deficit/hyperactivity disorder (ADHD).

Having pursued his Master's Degree at Upstate Medical University, Abraham is currently on the path to earning his PhD. His professional journey includes seven years in the intense realm of emergency medicine at renowned trauma centers in New York City and Syracuse.

Transitioning from trauma room dynamics to psychiatry, Abraham's rich experience spans acute psychiatric emergency rooms, high-level care outpatient clinics, and inpatient psychiatric units. Driven by the profound belief that "you can't have physical health without mental health", he adopts a holistic approach in his consultations, embodying his commitment to comprehensive well-being for all his clients.

"My dedication to this field stems from a genuine passion for understanding the unique challenges each person faces and tailoring treatment plans to suit your specific needs. I firmly believe that fostering trust and a strong therapeutic relationship is the cornerstone of successful mental health care. My approach is centered on active listening, empathy, and non-judgmental support. Together, we will work collaboratively to explore your concerns."

Psychiatric nursing or mental health nursing is the appointed position of a nurse who specializes in mental health and cares for people of all ages experiencing mental illnesses or distress. In the United States, a psychiatric-mental health nurse practitioner (PMHNP) is an advanced practice registered nurse trained to provide a wide range of mental health services to patients and families in a variety of settings. PMHNPs diagnose, conduct therapy, and prescribe medications for patients who have psychiatric disorders, medical organic brain disorders or substance abuse problems. They are licensed to provide emergency psychiatric services, psychosocial and physical assessment of their patients, treatment plans, and patient care. They may also serve as consultants or as educators for families and staff.

Providing bilingual services, Abraham is fluent in English and Spanish.

Learn More about Abraham Masara:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82678927-Abraham-Masara-Nurse> or through I-View Mental Health Services, <https://iviewtelepsych.com/about/>

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Source : Abraham Masara, PMHNP-BC

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