Barbi Phelps-Sandall, MD, an Obstetrician-Gynecologist with Renaissance Healthcare for Women

Get to know Obstetrician-Gynecologist Dr. Barbi Phelps-Sandall, who serves patients in Mountain View, California.



New York City, New York Jan 15, 2024 (<u>Issuewire.com</u>) - Dr. Phelps-Sandall, a compassionate obstetrician-gynecologist, is the Owner of Renaissance Healthcare for Women in Mountain View, California. Her areas of expertise include integrative medicine, genomics, MonaLisa Touch®, TempSure® Skin Tightening, Vectus® Hair Removal, robotics, and minimally invasive surgery.

Renaissance Healthcare for Women is an all inclusive holistic women's health and OB/GYN practice offering a comprehensive range of OB/GYN services from initial exams through menopause and beyond. Driven by the goal of patient-centered care built on mutual trust and communication, the practice prioritizes the well-being of women at every stage of life.

Dr. Phelps-Sandall's leadership extends beyond her practice to include roles such as Chairperson of OB/GYN at El Camino Hospital, Fellow of the American College of Obstetricians-Gynecologists, President of Palo Alto Alumnae Association of Kappa Kappa Gamma, and Board Member of Healing Journeys.

Raised in the Cleveland suburbs, Dr. Phelps-Sandall cherishes memories of visits with loving grandparents, cousins, and friends. Her diverse experiences include teenage travels throughout the United States and Europe with "Up With People." Ohio State was the site of her undergraduate work, where she earned degrees in Biology and Dental Hygiene. Furthering her education, she obtained a Master's Degree in Health Education from the University of Cincinnati while practicing as a dental hygienist and teaching at a community college.

Relocating to California marked an exciting change from the Midwest. Dr. Phelps-Sandall continued her graduate studies at CSU in Sacramento while teaching at Sacramento City College and UC San Francisco. Graduating with her Medical Degree from the David Geffen School of Medicine at UCLA in 1989, she completed her internship and residency in obstetrics and gynecology at Santa Clara Kaiser. Driven by an interest in integrative medicine, she pursued a Fellowship Program at the University of Arizona under Dr. Andrew Weil's leadership and participated in the Leadership Program in Integrative Healthcare at Duke University.

Board certified in obstetrics and gynecology, Dr. Phelps-Sandall is recognized as a Diplomate of the American Board of Obstetrics and Gynecology (ABOG). The mission of the ABOG is to define standards, certify obstetricians and gynecologists, and facilitate continuous learning to advance knowledge, practice, and professionalism in women's health.

Obstetrics and Gynecology is the medical specialty that encompasses the two subspecialties of obstetrics and gynecology. An obstetrician-gynecologist, or OB-GYN, is a healthcare professional who specializes in female reproductive health.

Dr. Phelps-Sandall has dedicated her time to various volunteer initiatives, including a week working in Haiti shortly after the earthquake (2010), participating in the Susan G. Komen 3-Day Walk (2011, 2018 & 2019) and participating in the Avon 39 (2012-2017). Inspired by a transformative experience walking 72 miles of the Camino de Santiago Compostela in Spain, she embarked on a second pilgrimage in 2017, covering 182 miles while carrying the names of 100 cancer victims for recognition.

Beyond her professional commitments, Dr. Phelps-Sandall enjoys a range of personal interests. She is an avid reader, with a penchant for history, biographies, and the classics. Her adventurous spirit extends to scuba diving in diverse locations such as Hawaii, the Cayman Islands, Mexico, and the Galapagos Islands.

In her leisure time, Dr. Phelps-Sandall finds joy in the company of her beloved animals – two wonderful pups, Berkeley and Sweet Pea, and a cuddly kitty named Kitsy. She also maintains an active lifestyle through pursuits like spinning, pilates, yoga, jogging, and hiking.

Learn More about Dr. Barbi Phelps-Sandall:

Through her findatopdoc profile,

https://www.findatopdoc.com/doctor/3548433-Barbara-Phelps-sandall-ob-gyn-obstetrician-gynecologist-Mountain-View-CA-94040 or through Renaissance Healthcare for Women, https://barbiphelpssandallmd.com/about-2/

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