

Seth Spencer, DC, a Chiropractor with Spencer Chiropractic and Physical Therapy

Get to know Chiropractor Dr. Seth Spencer, who serves patients in Rockville, Maryland.



New York City, New York Dec 21, 2023 ([IssueWire.com](https://www.issuewire.com)) - As a skilled chiropractor, Dr. Spencer stands at the forefront of chiropractic care as the CEO of Spencer Chiropractic and Physical Therapy, embodying a dynamic and patient-centric approach. His treatment philosophy is characterized by a diverse range of techniques, including Diversified, Myofascial Release, trigger point therapy, Graston technique, Flexion/Distrraction, Drop Table, Dry Needling, and more.

Academically, the doctor holds a Bachelor's Degree from the esteemed New York Chiropractic College. During his time there, he delved into nutritional assessment tools, drug-induced nutrient depletion, and nutritional support for various diseases and disorders. His commitment to staying informed about the latest advancements in the field is evident in his participation in multiple events and training experiences at various multidisciplinary settings, including the Canandaigua VA Medical Center in New York and Monroe Community Hospital.

Before establishing his practice, Dr. Spencer honed his skills in both Baltimore and Bethesda, Maryland. These experiences enriched his understanding of chiropractic care and profoundly influenced his treatment philosophy.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Beyond his professional endeavors, Dr. Spencer leads an active lifestyle, indulging in activities like hiking, skiing, working out, and traveling.

Learn More about Dr. Seth Spencer:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2560333-Seth-Spencer-Chiropractor>, or through Spencer Chiropractic and Physical Therapy <https://spencerchiroandpt.com/about-us/>

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