

Night and Day Recovery Society Celebrates Over a Decade of Transformative Addiction Treatment in Surrey, BC

Night and Day Recovery Society proudly announces its 10th anniversary as a leading provider of residential treatment programs for individuals struggling with drug and alcohol addiction. Since its establishment in 2012.

Surrey, British Columbia Dec 5, 2023 ([IssueWire.com](https://www.issuewire.com)) - [Night and Day Recovery Society](#) proudly announces its 10th anniversary as a leading provider of residential treatment programs for individuals struggling with drug and alcohol addiction. Since its establishment in 2012, Night and Day has been dedicated to fostering recovery through a holistic and comprehensive approach.

Night and Day's flagship program is centered around the renowned 12-step approach to recovery, providing individuals with a structured and proven framework for overcoming addiction. This time-tested method has been a cornerstone of the organization's success, offering participants a solid foundation for long-term sobriety. In addition to the traditional 12-step model, Night and Day Recovery Society distinguishes itself by integrating holistic practices that address the mind, body, and spirit. Meditation groups, yoga sessions, nature walks, and group counseling sessions are integral components of the program, offering participants a diverse and enriching recovery experience.

"Our mission at Night and Day is to provide a supportive and transformative environment for individuals seeking recovery from addiction," said [Amrit Singh Rai](#) who is a Director at Night and Day Recovery Society. "By combining the effectiveness of the 12-step approach with holistic practices like meditation and yoga, we strive to address the complex needs of our participants and guide them towards lasting recovery." [Night and Day Recovery Society](#) is proud to be a co-ed facility, recognizing that addiction affects individuals of all genders. Moreover, the organization welcomes married couples who wish to embark on their recovery journey together, fostering a sense of shared commitment and support.

Over the past decade, [Night and Day Recovery Society](#) has positively impacted the lives of countless individuals, helping them break free from the chains of addiction and rediscover a path towards health and wellness. The organization remains committed to its mission, continually evolving its programs to meet the changing needs of those seeking recovery.

As [Night and Day Recovery Society](#) marks this significant milestone, the organization expresses gratitude to its dedicated staff, partners, and the Surrey community for their unwavering support over the years. The journey of recovery is ongoing, and Night and Day looks forward to many more years of empowering individuals to build a brighter, substance-free future

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