

## **Mylan N. Lam, MD, a Physiatrist with Kessler Institute for Rehabilitation**

Get to know Physiatrist Dr. Mylan N. Lam, who serves patients in West Orange, New Jersey.



**New York City, New York Dec 13, 2023 ([Issuewire.com](https://www.issuewire.com))** - Dr. Lam is a distinguished physiatrist, boasting dual board certifications in physical medicine and rehabilitation, as well as spinal cord injury medicine.

Joining Kessler Institute in 2001, she has played a pivotal role in shaping the institute's commitment to

cutting-edge rehabilitation and spinal cord injury care. Her multifaceted approach, blending traditional medical practices with alternative therapies, underscores her holistic perspective on patient wellness. She currently serves as the Clinical Chief of Spinal Cord Injury Services, a position she has held since 2005.

With a comprehensive approach to healthcare, Dr. Lam extends her proficiency to various areas, including stroke, musculoskeletal trauma, spasticity management, electromyography, and wound care. Her diverse skill set encompasses not only conventional medical practices but also alternative medicine, as she holds certification as an acupuncturist, showcasing her open-minded approach to patient well-being.

Graduating from the University of Houston, she earned her medical degree from the Baylor College of Medicine in 1995, before completing a residency in physical medicine and rehabilitation at Tufts University School of Medicine in 1999. Thereafter, she completed her fellowship in spinal cord injury medicine at Rutgers New Jersey Medical School in 2000 and received specialized training at the University of California in Los Angeles.

An authority in her field, the doctor is board-certified in physical medicine and rehabilitation, and spinal cord injury medicine by the American Board of Physical Medicine and Rehabilitation (ABPMR). The mission of the ABPMR is to serve the public by improving the quality of patient care in physical medicine and rehabilitation (PM&R). This is accomplished through a process of certification and maintenance of certification that fosters excellence and encourages continuous learning.

Actively engaged in professional organizations, Dr. Lam is a respected member of the American Academy of Physical Medicine and Rehabilitation, the American Academy of Medical Acupuncture, the American Spinal Injury Association, and the American Paraplegia Society. Within the latter, she serves on the Clinical Practice Committee, contributing to the advancement of clinical standards in the care of individuals with spinal cord injuries.

Physical medicine and rehabilitation, also known as physiatry, is a branch of medicine that aims to enhance and restore functional ability and quality of life to those with physical impairments or disabilities. Physiatrists treat a wide variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons.

### **Learn More about Dr. Mylan N. Lam:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2005699-Mylan-Lam-Physiatrist-Physical-Medicine>, or through Kessler Institute for Rehabilitation, <https://www.kessler-rehab.com/patients-and-caregivers/meet-your-team/physicians/mylan-n-lam/>

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## Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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