## Kirstyn Urbas, DPM, a Podiatrist with Advanced Foot & Ankle Center

Get to know Podiatrist Dr. Kirstyn Urbas, who serves patients throughout the State of New Jersey.



**New York City, New York Dec 29, 2023 (<u>Issuewire.com</u>) - A committed podiatrist, Dr. Urbas is affiliated with Advanced Foot & Ankle Center, tending to patients at their offices in North Wilmington, Newark, and Middletown, New Jersey.** 

A graduate of Temple University School of Podiatric Medicine, her academic journey was characterized by active involvement in various extracurricular activities. As a member of the student council body and practice management club, she demonstrated a keen interest in the holistic aspects of healthcare delivery. Prior to her advanced surgical training, she honed her academic and athletic prowess at Monmouth University, where she not only excelled as a student-athlete but also played lacrosse at the D1 level.

Dr. Urbas's formative years at Virtua Health System in South Jersey laid the foundation for her specialization in forefoot and rearfoot reconstructive surgery. Her commitment to excellence was recognized during her tenure as Chief Resident, during which she chose to focus specifically on rearfoot reconstructive surgery.

Board-qualified by the American Board of Foot & Ankle Surgery in both forefoot and rearfoot reconstructive surgery, she brings a wealth of knowledge and expertise to her practice. Her diverse skill set encompasses routine foot care, diabetic wound management, endoscopic surgery, fracture care, and rearfoot reconstruction.

Inspired to enter the field by her father, Dr. William Urbas, her passion for helping patients is evident in her day-to-day interactions, and she finds great fulfillment in making a positive impact on their lives.

Podiatry is a branch of medicine devoted to the study, diagnosis, and medical and surgical treatment of a variety of disorders of the foot, ankle, and lower extremities. A podiatrist, also known as a podiatric physician or a foot and ankle surgeon, is a medical professional devoted to the treatment of disorders of the foot, ankle, and lower extremities. They can treat injuries and complications from ongoing health issues like diabetes.

Beyond her professional pursuits, Dr. Urbas embraces a balanced lifestyle. In her free time, she enjoys delving into literature, maintaining an active lifestyle through regular workouts, and savoring moments by the shore.

## **Learn More about Dr. Kirstyn Urbas:**

Through her findatopdoc profile,

https://www.findatopdoc.com/doctor/81416824-Kirstyn-Urbas-Podiatrist-Foot-and-Ankle-Specialist or through Advanced Foot & Ankle Center, https://www.advancedfootandanklectr.com/podiatrist-staff

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Source: Kirstyn Urbas, DPM

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