

Karl Forgeron, DC, a Chiropractor with Freedom Wellness Centers

Get to know Chiropractor Dr. Karl Forgeron, who serves patients in Hoffman Estates, Illinois.



New York City, New York Dec 29, 2023 ([Issuewire.com](https://www.issuewire.com)) - A devoted chiropractor, Dr. Forgeron is the Founder and CEO of Freedom Wellness Centers in Hoffman Estates, Illinois.

Born with a cleft palate, he faced early health challenges, including severe earaches. Reflecting on his own experiences, he wishes his parents had sought the help of a pediatric chiropractor during his

formative years, believing that it could have alleviated his suffering.

Growing up in Streamwood, Illinois, Dr. Forgeron was an active student-athlete, participating in baseball, football, and basketball. Despite numerous injuries, he often heard the dismissive phrase "Shake it off" from coaches and parents, overlooking what later proved to be significant issues.

At the age of 15, a pivotal event occurred that changed the course of his life. Involved in a serious car accident, he miraculously survived a collision that left the driver with a broken sternum from impacting the steering wheel. Following the accident, he faced debilitating neck pain and headaches. Conventional medical treatment led him down a troubling path of prescription medications, fostering an addiction at a young age.

In a twist of fate, Dr. Forgeron discovered a Val-Pak ad for a chiropractor in the mail. Embracing chiropractic care, he experienced a remarkable turnaround. Within just 12 visits, he was not only pain-free but liberated from the dependence on medications.

This life-changing experience prompted him to shift his career path from dentistry to chiropractic. He went on to graduate with his Doctor of Chiropractic degree from the National University of Health Sciences in 1997.

Believing that one can replace teeth but not the spine, Dr. Forgeron is passionate about the profound impact of chiropractic care on overall health and wellness. He views the human body as a self-healing, self-regulating machine that, when given the right care, can achieve extraordinary health. Driven by his own transformative journey, he emphasizes the importance of a holistic approach to well-being, encompassing proper nutrition, sleep, exercise, breathing, and positive thinking, along with chiropractic structural alignment.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

On a more personal level, Dr. Forgeron's wife, Dr. Maryam Ahsan-Forgeron, is also a chiropractor. She owns and operates a separate corporate entity, A Wellness Physician Group, that shares office space in the same location.

Learn More about Dr. Karl Forgeron:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1543756-Karl-Forgeron-chiropractor-Hoffman-Estates-IL-60192> or through Freedom Wellness Centers, <https://freedomwellnesscenters.com/meet-the-doctor-s-1>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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