

Kaci Madden, DC, a Chiropractor with The Specific Chiropractic Centers San Diego

Get to know Chiropractor Dr. Kaci Madden, who serves patients in San Diego, California.



New York City, New York Dec 28, 2023 ([Issuewire.com](https://www.issuewire.com)) - A trusted chiropractor, Dr. Madden is an Upper Cervical Chiropractor at The Specific Chiropractic Centers in San Diego California. She specializes in providing expertise to parents overwhelmed by health issues, enabling them to regain

control of their families' well-being for the long term. Her commitment to integrity is evident in her network of medical professionals in San Diego, ensuring that patients receive the best care even if it falls outside the scope of chiropractic practice.

One of her unique strengths lies in her ability to bring hope to those who have felt discouraged by their health journey. Having personally witnessed countless transformations, she takes pride in helping individuals move from merely managing pain to thriving in their lives. From mothers and families to young professionals, she has demonstrated success with a diverse range of patients, tackling conditions from fibromyalgia to chronic migraines.

Dr. Madden's journey into chiropractic care was inspired by a profound personal experience when, at the age of 16, her two-year-old sister faced a health crisis. Traditional healthcare avenues failed to provide a solution until a local chiropractor identified and resolved the issue, allowing her sister to walk out of the clinic that day. This transformative event fueled her passion for chiropractic and laid the foundation for her career.

Educationally, she earned her bachelor's degree from the University of Florida before pursuing a doctorate in Chiropractic at Parker University in Dallas. Her commitment to excellence led her to extensive post-graduate work, with a focus on mastering the Knee-Chest Upper Cervical Technique. After practicing this technique in Hawaii for two years, she eventually established her clinic in San Diego.

Beyond her professional practice, Dr. Madden's compassionate spirit extends to outreach efforts, including participation in mission trips to Central America. These experiences, coupled with her commitment to alleviating the burden of healthcare on families, have shaped her mission to provide compassionate care and support, particularly for children and mothers facing health challenges. Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Embracing an active lifestyle, Dr. Madden finds joy in outdoor activities like hiking, working out, and playing beach volleyball. Her passion for an active life aligns with her mission to extend similar opportunities to those she encounters.

Learn More about Dr. Kaci Madden:

Through her findatopdoc

profile, <https://www.findatopdoc.com/doctor/81515169-Kaci-Madden-Chiropractor> or through The Specific Chiropractic Centers San Diego, <https://thespecificsandiego.com/meet-the-docs/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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