

Carrie Jacobs, PsyD, a Clinical Sexologist and Psychologist in Private Practice

Get to know Clinical Sexologist and Psychologist Dr. Carrie Jacobs, who serves patients in Encino, California.



New York City, New York Dec 19, 2023 ([Issuewire.com](https://www.issuewire.com)) - Dr. Jacobs, an experienced clinical sexologist and psychologist, operates a private practice in Encino, California, where she collaborates with individuals, families, and couples of all genders and orientations to address a wide range of issues, including sexual concerns.

Specializing in traditional therapy, Dr. Jacobs focuses on areas such as relationship issues, anxiety, depression, stress, PTSD, trauma, and sexuality-related concerns for men, women, LGBTQ individuals, and couples. Her expertise extends to the treatment of sexual disorders and dysfunctions, offering guidance on enhancing overall satisfaction and understanding oneself and one's partner. This knowledge proves valuable for individuals from diverse backgrounds, including those from conservative religious and cultural groups. Dr. Jacobs provides sex therapy and coaching for trauma, abuse, obsession, romance, love, and navigating the complexities between love and lust.

She establishes rapport, comfort, and a safe space, fostering an overall feeling of calm. Through her approach, she helps clients identify the underlying stressors, guiding them to gain new awareness of problems or triggers. Utilizing therapy, coaching, and education, Dr. Jacobs supports clients in developing healthier perspectives on their feelings and thoughts.

Her educational background includes a Doctorate in Clinical Psychology and Master's Degree in Clinical Psychology with an emphasis in Marriage and Family Therapy from Ryokan and Antioch University. She then completed a two-year postdoctoral fellowship working for The State of Nevada and continued on as the lead therapist/psychologist for Family Preservation Services.

Her dissertation focused on dual diagnosis concerning trauma and personality disorders, providing a valuable resource for clinicians navigating similar client issues. Additionally, Dr. Jacobs has developed a guide on the stages of love or obsession for clients to relate to and collaborates with various organizations to stay informed and share new information.

Among her professional affiliations, Dr. Jacobs is an active member of the American Psychological Association (APA), the California Association for Marriage and Family Therapists (CAMFT), the American Mental Health Association (AMHCA), the Association for Child and Adolescent Mental Health (ACAMH), the Association of Couples and Sex Therapists (AACAST), and the American Association of Sexuality Educators, Counselors, and Therapists (AASECT).

Furthermore, she holds certifications as a Certified Clinical Sexologist from The American Board Of Sexology, is certified in Transgender Care by the International Transgender Association, a Certified Life/Sex Coach, holds certification in Neuro-Linguistic Programming (NLP), and is certified in EDMR Therapy for Trauma.

Throughout her career, Dr. Jacobs has delved into the intricacies of human behavior, studying how people think, act, and approach sexuality. While she excels in addressing depression and anxiety, she has also become a resource for clients seeking support related to sexuality and gender. Recognizing the underserved nature of this community, she has made it a core area of therapy, continually educating herself to be in the know and the best therapist she can be.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases and improving patients' quality of life.

Dr. Jacobs credits her success to her fervent dedication to guiding clients toward healthier lifestyles, treating each individual holistically, fostering an inviting atmosphere, and encouraging open conversation. Her commitment to training and teaching, coupled with the impact she makes daily, has earned her recognition, including the Excellence in Counseling 2023 Best in California Award and the

Best Sex and Relationship Therapist 2022 Encino Award.

Learn More about Dr. Carrie Jacobs:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/84737617> or through her website, <https://www.drcarriejacobs.com/about>

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