U.S.-Africa Wellness Partnership Collaborates for Global Health Advancement

"A Transatlantic Mission to Empower African and Afro-Descendant Communities"



Los Angeles, California Nov 14, 2023 (<u>Issuewire.com</u>) - Los Angeles-based holistic health and nutrition security trailblazer, Let's Be Whole, announces a transformative partnership with Tiyumba Hope Foundation in Ghana to improve health outcomes across West Africa, America, and worldwide. This alliance marks a significant leap in cultural solidarity through healthcare globalization and a "teambased care" approach.

Queen Mother Nina Womack, CEO of Let's Be Whole, highlights the synergy between using holistic health to help prevent health disparities and the new collaboration's capacity to extend support from L.A.'s diverse communities to rural African locales.

"Let's Be Whole has been at the forefront of utilizing holistic wellness to reduce health inequalities and using nutritious food as 'medicine' in vulnerable communities," said Queen Nina Womack, CEO of Let's Be Whole. "Our collaboration with Tiyumba Hope extends our reach beyond the underserved Los Angeles communities which includes migrants from Africa, to now being able to empower communities in Africa with the resources and preventative self-care knowledge necessary for sustained good health.

The collaboration debuted last month in October with a successful Breast Cancer Awareness and Screening event in Ghana along with their other partners. Upcoming endeavors include the "Black Wellness Worldwide" initiative, focusing on whole health education and comprehensive health wellness services, from check-ups to self-care tools to mental health support.

Fadila Fuseini, Director of Tiyumba Hope Foundation, celebrates the shared vision of enhancing healthcare access for Black communities. "Our mission aligns perfectly with Let's Be Whole because of our common desire to increase and improve access to health care in under-resourced communities," said Fadila Fuseini. "We are excited to join forces with an American organization to make a tangible impact on global health."

Together, Let's Be Whole and Tiyuba Hope Foundation invite other organizations and individuals to join their efforts to create a healthier, more equitable world for all. To learn more or engage with the "Black Wellness Worldwide" campaign, visit Let's Be Whole or Tiyumba Hope.

Breast Cancer Awareness Event Partners

Partnership Announcement for Breast Cancer Awareness event

About Let's Be Whole:

Let's Be Whole is an innovative wellness company that integrates holistic health practices into everyday life. With a focus on mind, body, and spirit, Let's Be Whole offers a range of services and access to healthy food designed to empower individuals to lead healthier, happier lives.

About Tiyumba Hope Foundation:

Tiyumba Hope Foundation is a nonprofit organization registered in Ghana that addresses critical issues such as poverty, education, health, and social justice. Their focus is on building strong relationships within the community and fostering a sense of belonging and connection.





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