

Tara A. Berman, MD, MS, a Medical Gynecologic Oncologist with Inova

Get to know Medical Gynecologic Oncologist Dr. Tara A. Berman, who serves patients throughout the State of Virginia.



New York City, New York Nov 7, 2023 ([IssueWire.com](https://www.issuewire.com)) - Dr. Berman is an Ivy League-educated, board-certified medical gynecologic oncologist with a special interest in integrative health.

Her expertise lies in the medical care of cancer patients, and she is currently practicing at Inova Schar Cancer Institute and Saville Cancer Screening and Prevention Center. Her affiliations include Inova Alexandria Hospital, Inova Fairfax Hospital, and Inova Loudoun Hospital.

Prior to joining Inova, Dr. Berman was an oncologist for the breast, gynecologic, and genitourinary malignancies team in the Office of Oncologic Diseases at the U.S. Food and Drug Administration's Center for Drug Evaluation and Research, where she served as the integrative oncology liaison for the division.

Educated in Israel, Dr. Berman graduated from the Sackler School of Medicine at Tel Aviv University in 2012. Following this, she completed her residency in internal medicine at Mount Sinai West in New York City from 2012 to 2015. Subsequently, she pursued a fellowship in medical oncology at the National Institutes of Health Clinical Center, which spanned from 2015 to 2018. She also holds a Master of Science in Nutrition Degree from Columbia University.

Dedicated to the profession of medicine, Dr. Berman is board certified in medical oncology and internal medicine by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Dr. Berman has established a wellness website and blog rooted in facts and research. Her inspiration for creating this platform came from her resilient and knowledgeable patients who, through their courage and perseverance, demonstrated the transformative power of lifestyle modifications during challenging times. These individuals have imparted invaluable lessons, such as the preference for acupuncture over opioids and the choice of celery smoothies over indulgent desserts, which have broadened her perspective on holistic medicine.

Driven by their experiences, Dr. Berman now personally reaps the benefits of this holistic approach. Within her blog, tarabmd.com, she generously shares her expanding expertise in integrative medicine, a field that unifies the treatment of the body, mind, and spirit as a single entity.

Gynecologic oncology is a specialized field of medicine that focuses on cancers of the female reproductive system, including ovarian cancer, uterine cancer, vaginal cancer, cervical cancer, and vulvar cancer. As specialists, gynecologic oncologists have extensive training in the diagnosis and treatment of these cancers.

Learn More about Dr. Tara A. Berman:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/84778165>, through Inova, <https://www.inova.org/doctors/tara-a-berman-md> or through her website, <http://www.cityslim.com/meet-dr-b>

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