

Stamina AI Launches Revolutionary App to Combat Anxiety and Stress

Personalized, AI-Powered Mental Health Support Accessible Anytime, Anywhere



San Francisco, California Nov 15, 2023 ([Issuewire.com](https://www.issuewire.com)) - Stamina AI, a pioneering force in digital mental health, today announced the launch of their much-anticipated app, a cutting-edge solution for individuals grappling with anxiety and stress. This innovative app leverages advanced machine learning algorithms to offer personalized therapy and actionable insights, revolutionizing access to mental health resources.

“With the launch of the Stamina app, we are breaking barriers in mental healthcare accessibility and personalization,” says Oleg Karakash, Founder of Stamina AI. “Our app is not just a tool; it’s a companion that understands and evolves with each user’s unique mental health journey. This is a significant step towards our mission of making mental health support universally accessible and stigma-free.”

Key features of the Stamina app include:

- 24/7 access to mental health resources, providing support anytime, anywhere.
- Personalized care that adapts to the user's evolving needs using AI technology.
- Evidence-based techniques ensuring high-quality and effective care.

The Stamina app will be available starting [availability date], free of charge during the initial public testing phase. For more information on the Stamina app and its groundbreaking features, visit <https://www.stamina.chat>.

About Stamina AI: Stamina AI is at the forefront of the digital mental health revolution, offering personalized, AI-powered therapy solutions for anxiety and stress. With a commitment to accessibility and quality, Stamina is dedicated to transforming mental healthcare and empowering individuals with the tools they need to manage their mental health effectively. Recently, Stamina has been recognized for its innovative approach and potential as a major player in the growing mental health market.

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