

Robi E. Tamargo, Psy.D., a Psychologist in Private Practice

Get to know Psychologist Dr. Robi E. Tamargo, who serves patients in Jacksonville, Florida.



New York City, New York Nov 6, 2023 ([IssueWire.com](https://www.issuewire.com)) - Dr. Tamargo is an interactive, solution-focused clinical psychologist in private practice in Jacksonville, Florida. Her practice focuses on providing psychotherapy and conducting psychological assessments for a diverse clientele, including children, adolescents, adults, couples, and families.

Dr. Tamargo's therapeutic approach is centered on offering meaningful support and practical guidance to help clients navigate present-day life challenges as well as address deep-rooted issues. Through a lens of compassion and empathy, she assists individuals in finding resolutions to a wide spectrum of personal concerns and psychological challenges.

Drawing from a range of complementary therapeutic approaches, which include TEAM CBT, Schema Therapy, and EMDR, Dr. Tamargo integrates various methodologies and techniques to tailor her treatment to the unique needs of each individual. In a welcoming and encouraging setting, she provides an exceptionally personalized approach that is carefully crafted to meet the clinical requirements of each patient, facilitating their pursuit of personal growth.

Scholastically, Dr. Tamargo received her Bachelor of Arts Degree from the University of Maryland Baltimore County Honor's University and attended Loyola College in Maryland. Continuing her pursuit of knowledge, she earned both a Master of Arts Degree in Child Psychology and a Doctor of Psychology Degree in Clinical Psychology from the Graduate Institute of Professional Psychology at the University of Hartford.

Subsequently, Dr. Tamargo embarked on her clinical internship through the Bureau of Medicine and Surgery at the National Naval Medical Center in Bethesda, Maryland, where she served as a Naval Psychologist on active duty. In 1996, she established a private practice in Manhattan Beach, California. Her commitment to both her profession and military service led her to relocate her practice to Reston, Virginia while concurrently serving as a Navy Reservist at the National Naval Medical Center.

In 2013, Dr. Tamargo opened a practice in Ponte Vedra Beach, Florida, eventually relocating it to Jacksonville in 2020, marking another significant chapter in her career.

She has the following advanced training and certifications: Certified Clinical Anxiety Treatment Professional (CCATP), Certified Clinical Trauma Professional Level 2 (CCTP-II), Schema Therapy, EMDR, and TEAM-CBT-1.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases, and improving patients' quality of life.

Among Dr. Tamargo's various accolades include Decorated Desert Storm-Era Veteran, Honor Graduate Naval Officer - Office Indoctrination School Newport, Rhode Island, US Naval Institute Award winner, Psi Chi Honor Society, Omicron Delta Kappa National Leadership Honor Society, Truman Scholar, Scholar Athlete, and UMBC Hall of Fame inductee. She has also garnered numerous collegiate athletic honors, including MVP awards and the establishment of school records in UMBC Field Hockey and Lacrosse. Her athletic prowess extends to her recognition as a two-time All-American.

Happily married, Dr. Tamargo is the proud parent to two daughters and has enjoyed coaching both girls' field hockey and soccer in her community.

Learn More about Dr. Robi E. Tamargo:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2201839-Robi-Tamargo-Psychologist> or through her website, <https://www.drrobitamargo.com/about-dr-tamargo>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Robi E. Tamargo, Psy.D.

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