

Dr. Derrick Sebree Jr., a Psychologist with the Michigan School of Psychology and Monarch Counseling Services

Get to know Psychologist Dr. Derrick Sebree Jr., who serves patients in Michigan.



New York City, New York Nov 7, 2023 ([IssueWire.com](https://www.issuewire.com)) - Dr. Sebree Jr. is a multicultural psychologist and social justice advocate whose work focuses on the intersectionality of race, ethnicity, and our relationship with the ecological world.

As an American Descendant of Slavery male professional, he seeks to illuminate the relationship between ecological and social justice from a multicultural, ecopsychological perspective. He views the Earth-human relationship as a parallel, interconnected process to the human-human connection, for how we view one another is a microcosm of how we view all modes of life.

In his current role, Dr. Sebree Jr. serves as the MA Program Director at the Michigan School of Psychology in Farmington Hills, working primarily with college aged young adults, adolescents, and adults.

"I feel strongly about pedagogy and teaching philosophy, harking to Freire's Pedagogy of the Oppressed and many other critical consciousness and liberation philosophies when teaching graduate students. I take a developmental teaching approach, with praxis in social justice and empowerment. I grew up knowing the weight of systemic oppression and being taught education is part of how you get

out of that system. I want students to have access to me and my knowledge, with the hope of helping them discover their gifts, skills, strengths, and limitations as they navigate the complexity of graduate education. To me, this means promoting student's exploration and learning through narratives, experientials, and knowledge. Helping graduate students understand themselves within the context of the systems at play will help them become better clinicians and educators"

In addition to his work at the Michigan School of Psychology, Dr. Sebree Jr. is a valued member of Monarch Counseling Services, which offers outpatient psychological services to individuals, couples, and families struggling with a variety of needs.

Client-centered, Dr. Sebree Jr. emphasizes the autonomy of the client through the development of a collaborative relationship, where the client takes part in the treatment planning and course of therapy. He works with a variety of issues, including mood disorders,

racial identity, anxiety, and adjustment issues.

In regards to his educational background, Dr. Sebree Jr. earned his Bachelor of Arts Degree in Psychology at the University of Michigan-Dearborn in 2011. Subsequently, he completed his Master of Arts Degree in Clinical Psychology at the Michigan School of Psychology in 2012. Finally, he obtained his PsyD in Clinical Psychology from the same institution in 2016. His dissertation focused on the relationship between racial identity development and connection to nature.

Since then, Dr. Sebree Jr. has conducted his clinical work in the Ann Arbor area, working with a variety of populations, with a focus on young college students and adults within the University of Michigan system. He also works with the United Methodist Church as a Ministerial Assessment Specialist, where he conducts psychological assessments for pastoral candidates going for licensure.

In his time during graduate training and prior, Dr. Sebree Jr. has worked with various social justice organizations in Detroit around food security and other environmental justice issues. Coupled with organizing group social justice community gardening events, he has an extensive background in community-oriented social justice work.

Dr. Sebree Jr. has been an active member of the Society for Humanistic Psychology, APA Division 32 since joining as a student in 2007. He has undertaken different leadership positions within the division, serving as a Member-at-Large, chair of the EcoJustice Task Force and co-chair of the Diversity and Inclusion Committee, and Membership chair for the organization.

Furthermore, he serves as a board member for the 501c3 non-profit, The Humanitarian Alliance, which works to promote psychological, social, and ecological justice.

Among his professional affiliations, Dr. Sebree Jr. is an active member of the American Psychological Association, the Association of Black Psychologists, the Michigan Psychological Association, and the APA Division 34: Environmental Psychology.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases and improving patients' quality of life.

Learn More about Dr. Derrick Sebree Jr.:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3090998-Derrick-Sebree-Psychologist>, through the Michigan School of Psychology, <https://msp.edu/about/meet-our-faculty/derrick-sebree-jr-psyd/> or through Monarch Counseling Services, <http://monarchcounsel.com/about/>

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Source : Dr. Derrick Sebree Jr.

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