

Tina M. Botelho, MD, an Internist with Legacy Internal Medicine

Get to know Internist Dr. Tina M. Botelho, who serves patients in Charleston, South Carolina.



New York City, New York Oct 2, 2023 ([Issuewire.com](https://www.issuewire.com)) - A well-versed internist, Dr. Botelho is the owner of Legacy Internal Medicine in Charleston, South Carolina.

Her professional mission revolves around inspiring and empowering individuals to take control of their lives and steer them towards a healthier course. Dr. Botelho is fully committed to assisting all her

patients in attaining success through their own efforts. While there may be occasions when pharmacotherapy is deemed necessary, the decision to incorporate prescription medications will always be a collaborative one, made jointly by the patient with her expert guidance.

“I will listen without judgment or haste, observe without discrimination and educate with factual information. It is my goal to help each patient realize their role in pursuit of better health. Together, you and I will institute a plan for lifestyle modification in lieu of synthetic medication where appropriate as well as review moments of failure, improve motivation and celebrate successes in this journey called “LIFE.”

A Charleston native, Dr. Botelho graduated with honors from the College of Charleston in 1996. She then pursued her medical education at the Medical University of South Carolina College of Medicine, where she earned her Doctoral Degree in 2001.

Following the completion of her internship and residency in internal medicine at Greenville Memorial Hospital, Dr. Botelho returned to Charleston, where she now resides with her family.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

In her leisure hours, Dr. Botelho dedicates her time to her children and pets, while also actively pursuing the refinement of her woodworking craft. One can often spot her in her yard, engaged in activities like planting, replanting, or constructing intriguing structures using reclaimed materials. She is thrifty and frugal in every facet of her life.

Learn More about Dr. Tina M. Botelho:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1319787-Tina-Botelho-Internist> or through Legacy Internal Medicine, <https://www.legacyinternalmedicine.com/physicians>

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